



*In The Name Of Allah,
The Most Gracious The Most Merciful*

Natural Instincts (Islamic Psychology)

By

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DEDICATION:

The Holy Prophet Muhammad (SAW) has said,

"The Scholars are the Inheritors of the Prophets."¹

Therefore the Scholar will inherit the knowledge, honour and respect The Prophets enjoyed. Additionally they will also inherit The Sufferings, persecutions, imprisonment's and sometimes the assassination's that the Prophets experienced. This is because the battle between truth and falsehood is never-ending.

This book is dedicated to the great Scholar of the Arabian Peninsula², Salmaan Ibn Fahd Al-Awdah who is presently in prison in the Arabian Peninsula because of his uncompromising stance against Kufr, Tyranny and Oppression.

¹ Sunnan At-Tirmidhi Vol. 5 p.2685

² Known today as Saudi Arabia.

INTRODUCTION:

During my last year of university I came across a book entitled "*Al-Fitrah*" written by the eminent scholar of Jaziratul Arab, Salman Ibn Fahd Al-Awda. I was greatly impressed by its contents due to its relevance to the individual and the society. The Arabic word *Al-Fitrah* means those natural instincts that were given to man by Allah Ta'ala³ in order to enable him to carry out his role as a Khaleefah properly and effectively.

Since these natural instincts are a dominant force in the bodies of human beings, males and females alike, it becomes a dire necessity for us all to adhere to certain laws and principles that will enable us to control our natural instincts rather than having these instincts controlling us.

As human beings our success in this life and the hereafter depends on the ability to control ourselves, i.e. our natural instincts. Likewise that which elevates us human beings above the animal level is our controlling of these instincts and utilising them properly and effectively, and consequently they will be assets for us rather than liability.

When we examine the world in which we are living in, we find people suffering from crimes, hunger, diseases, mental depression, and many other societal problems. This is a result of their use, misuse, and abuse of their natural instincts. Allah the Most High has said,

لَقَدْ خَلَقْنَا الْإِنْسَنَ فِي أَحْسَنِ تَقْوِيمٍ ۝ ثُمَّ رَدَدْنَاهُ أَسْفَلَ سَبْطَلِينَ ۝
۝ إِلَّا الَّذِينَ آمَنُوا وَعَمِلُوا الصَّالِحَاتِ فَلَهُمْ أَجْرٌ غَيْرُ مُتَنَوْنٍ ۝

³ The Arabic word Allah means the Supreme being, the Creator of the Heavens and the earth and all that is within them. He has no children nor does He have any parents, and there is nothing in the heavens above, nor the earth below which is comparable unto Him.

"Verily we have created man to be the noblest of our creation. Then we reduced him to the lowest of the low. Save those who believe and do righteous deeds. For them is a reward unfailing"¹.

Those who were reduced to the level of being the lowest of Allah's creation are people who cannot control themselves. Who follow their whimsical ideas and opinions. Those who worship their evil desires instead of submitting to Allah's heavenly revealed laws. Thus Allah said,

أَرَيْتَ مَنِ اتَّخَذَ إِلَهًا، هَوَنَهُ

"Have you not seen he who worships instead of Allah his (evil and corrupted) desires"².

It should be noted that the main ideas of this book was extracted from the book *Al-Fitrah* compiled by the eminent scholar Salman Al-Awda, however I have made a special attempt to render these ideas in my own words and expressions so as to make it relevant to the universal society therefore appealing to Muslims as well as non-Muslims. After delivering many lectures on this topic to many of my students in the UK, it was requested of me by a lot of them to write a book on this topic so that the believers will benefit from it. Due to their repeated demands I finally decided to compile a book on this vital topic hoping it will be of maximum benefit to the believers specifically and to Mankind generally. I would like to thank brother Sa'ad for his tireless efforts in typesetting this material. I pray this humble work will solely be for Allah's countenance and may he crown all sincere efforts for His Deen with success.

Sheikh Faisal
London.

¹ Surah At-Teen 95 : 4 - 6

² Surah Al-Furqaan 25 : 43

CHAPTER ONE

WHAT IS AL-FITRAH?

The Arabic word "Fitrah" means those inborn, innate qualities that are found in men and women. The natural disposition which man was created with. The instinctive feelings that were given to man by his lord, Allah to enable him to perform and carry out his role as His Khaleefa⁴ on earth effectively. Since these feelings and inclinations were endowed to man by his lord Allah, they are instinctive, therefore he does not need someone to tell him to act upon them. For example he does not need someone to tell him to love his parents or children, because this is a natural inclination created in him by Allah.

Mankind is Divided into three categories in regards to Al-Fitrah (Natural Instincts):

Human beings are divided into three categories in regards to natural instincts. Two extremes and a middle way.

The first category are : - people who have acknowledged these natural instincts but are totally helpless in controlling them. Instead they have become slaves of their instincts and feelings so much so that it leads to their own destruction. Many people die daily from smoking, drug abuse and sexually transmitted diseases even though they were fore warned about the dangers of these habits. In spite of being counselled about the evil effects of these habits their desires lead them to carry out and practice these habits like a lamb to the slaughter. These people have no self-control and this is no doubt the evil handiwork of the Shaitaan.

⁴ The Arabic word Khaleefah means one appointed to establish Allah's governance on earth. In the case of Adam A.S. the appointment was done by Allah Himself. In the cases of Abu Bakr, Umar, Uthman and Ali the appointment was done by the companions of the Holy Prophet (S.A.W). Allah's governance means Islamic Shar'iah. It is Haram for a Muslim to be without a Caliph for more than three days. Whenever we do not have a Caliph the Shaitaan becomes our Caliph. See Tafseer ibn Katheer vol. 1 p.73-76 also Fathul-Qadeer by ash-Showkaani vol.1 p.62.

As for these people who are extreme in their helplessness of controlling themselves Allah said:

أَمْ تَحْسِبُ أَنَّا نَهْرُّهُمْ يَسْمَعُونَ أَوْ يَعْقِلُونَ إِنْ هُمْ إِلَّا كَالْأَنْعَمِ
١١
 بَلْ هُمْ أَضَلُّ سَبِيلًا

*"Do you entertain the idea that most of them will
 hear the admonition Al-Qur'an or comprehend it?
 They are like cattle; nay, they are even farther
 astray from the path (than animals)"⁵.*

The second category of people in regards to natural instincts are: those who discover their natural instincts and try to ignore some of them. Feeling shy about them, thinking that it is shameful to indulge in them. For example the priests, monks, popes and nuns who abstain from sex thinking that it does not coincide with piety and thus it is beneath them. This category of people are the exact opposite of the first who lived only for the sake of satisfying their instincts. They are also extremists and this also is the evil handiwork of the Shaitaan because to deny such a vital instinct like sex will inevitably lead to numerous perversions like heavy drinking, nightmares, child abuse, homosexuality, masturbation frequent nocturnal emissions and so on. This second category of people who deny their natural instincts which were given to them by their lord are guilty of changing the fair nature of Allah's creation. Concerning them Allah said:

لَعْنَةُ اللَّهِ وَقَاتَ لَا تَخْدَنْ مِنْ عِبَادِكَ تَصْبِيَّاً مَفْرُوضَنَا
 وَلَا ضَلَّنَاهُمْ وَلَا مُنْتَهُمْ وَلَا مُرْتَهُمْ فَلَيُبَيَّنَ كُنْ مَذَارَكَ الْأَنْعَمِ
 وَلَا مُرْتَهُمْ فَلَيُغَيِّرُنَّ خَلْقَ اللَّهِ

⁵Surah Al-Furqaan 25:44

"Allah cursed him. And he the Satan said: I will take for myself an appointed portion of your slaves; verily I will mislead them and surely, I will arouse in them perverted desires; and certainly I will order them to slit the ears of cattle, and instead I will order them to change the fair nature created by Allah"⁶.

Whenever a person denies any of his natural instincts not only is he guilty of rebelling against the fair nature of Allah's creation but he is also guilty of being ungrateful to his lord claiming that he knows best what is suitable for him as an instinct, when in fact it is only Allah, the All-Mighty, the All Wise who knows best what is most suitable for us as instincts; thus he has created us in the best of moulds, the fairest of disposition.⁷

The third category of people in regards to the natural instincts are the believers; the Muslims. We do not allow these natural instincts to control us so we become slaves to them; as is the case with a promiscuous person who lives for his desires, nor do we deny any of these instincts like the priests, monks, nuns or pope. But instead we acknowledge our instincts and control them with the divine guidance of the Holy Qur'an and the Sunnah (traditions) of our beloved Prophet Muhammad ﷺ. By doing so we have lived up to our title the middle nation given to us by our lord Allah:

وَكَذِلِكَ جَعَلْنَاكُمْ أُمَّةً وَسَطًا لِنَكُونُوا شَهِيدًا عَلَى النَّاسِ
وَيَكُونَ الرَّسُولُ عَلَيْكُمْ شَهِيدًا

"Thus we have made you Muslims a middle nation that you be witnesses over Mankind and the messenger

⁶Surah An-Nisa 118-119

⁷Surah At-Teen 4

*(Muhammad SAW) will be a witness over you*⁸.

Therefore we the Muslims are called the balanced nation. Meaning we do not go to the extreme in any thing but instead we implement and practice if moderately providing its lawful. This is also the reason why Islam our way of life was called by Allah Deen-al-Fitrah. The natural and upright religion. Thus he said:

فَاقْرُبْ وَجْهَكَ لِلَّذِينَ حَنِيفُوا

*"So set you your face towards the true religion of pure Islamic monotheism"*⁹

Likewise concerning this Abu Hurairah has said about our beloved Prophet Muhammad ﷺ, "On the night Allah's apostle was taken to the journey i.e. Al-Isra Wal-Miraaj, two cups, one containing wine and the other milk, were presented to him at Jerusalem. He looked at it and took the cup of milk. Gabriel said, "Praise be to Allah who guided you to Al-Fitrah (the right path) if you had taken the cup of wine, your nation would have gone astray"¹⁰.

On another occasion when the Holy Prophet was asked concerning his drinking of milk he said: "There is no substance that is effective as food or drink more than milk"¹¹.

The Holy Prophet ﷺ was always alert in correcting people when they appear to have lost the balance in regards to their Deen. Anas رضي الله عنه reported that some of the companions of Allah's Apostle ﷺ asked his wives about what he performed in private. Someone among them (among his companions) said, "I will not marry women"; someone else said, "I will not eat meat"; another one said, "I will not lie down in bed". He the Prophet ﷺ

⁸Surah Al-Baqarah 143

⁹ Surah Ar-Rome 30:30

¹⁰Sahih Bukhari (Arabic/English) Vol. 7 pp338.

¹¹Sunnan Abi Dawud (English Translation) Vol. 3 p1055 No.3721

praised Allah and glorified Him and said, "What has happened to these people that they say so and so, whereas I observe prayer and I sleep too, I observe fast and I suspend observing them, I marry women also, and he who turns away from my Sunnah, he has no relation with me".¹²

As for the people who have lost the balance and make Islam a burden on themselves and others, Allah said,

قُلْ أَتَعْلَمُونَ كَمْ مَا فِي السَّمَاوَاتِ وَمَا فِي الْأَرْضِ
 وَاللَّهُ يَعْلَمُ بِكُلِّ شَيْءٍ عَلَيْهِمْ
 ١٦

"Say: Will you teach Allah about your religion?
 While Allah knows all that is in the heavens and all that
 is in the earth and Allah is all-Aware of everything".¹³

¹² Sahih al-Bukhari (Arabic/English) Vol.7 p. No.1; Sahih Muslim, English Translation vol.2 p.703 No.3236.

¹³ Surah Hujraat 49:16

CHAPTER TWO:

THE NATURAL INSTINCTS OF MEN AND WOMEN

Man was endowed with numerous and various natural instincts. This fact was acknowledged by psychologists, psychiatrists, sociologists, biologists, historians and all the Prophets that were sent by Allah.

The first of these natural instinct is:

I. Mans love for life , and his strong fear of old age and death. (The Survival Instinct)

If someone should hold a child of two for example and pretends like he is about to throw that child from a balcony or a veranda, you will see that child screams and cries out of intense fear for death and danger. This is so because everyone including this child was born with the inherent quality to fear death. This instinct was given to us by Allah so that we would avoid committing suicide. Therefore whenever a person commits suicide this behaviour of his or hers is considered abnormal. Any society in which suicide occurs a lot, such a society is spiritually empty and this abnormal practice is a sign telling us that the society is on its way to destruction. It is not the Sunnah of our beloved Prophet Muhammad ﷺ to pray over the dead bodies of people who commit suicide. In a Hadith narrated by the Sahaabi, Thabit bin Ad-Dahhak the holy Prophet ﷺ has said,

"Whoever commits suicide with a piece of iron will be punished with the same piece of iron in the hell fire". Narrated Jundab: The Prophet ﷺ said, a man was inflicted with wounds and he committed suicide and so Allah said: My slave has caused death on himself hurriedly so, I forbid paradise for him"¹⁴. In another Hadith narrated by Abu Hurairah, the Holy Prophet ﷺ has said:

¹⁴Sahih Bukhari (Arabic English) Vol. 2, p251 No.445

"He who commits suicide by strangling himself, shall keep on doing so in the hell-fire (forever) and he who commits suicide by stabbing himself, shall keep on stabbing himself in the hell-fire"¹⁵.

The quality of hating old age and death is so inherent in Mankind that even our father Adam (AS.) was deceived by Iblees and ate from the forbidden tree after he was assured by Iblees that he Adam would live forever if he should eat from that particular tree. And Iblees said,

١٥ مَا نَهَىٰكَارِبَكُمْعَنْ هَذِهِالشَّجَرَةِ إِلَّا أَنْ تَكُونَا مَلَكِيَّنْ أَوْتَكُونَا مِنَالْخَالِدِيَّنْ

"Your lord did not forbid you this tree save you become angels or become one of the immortals (ever-living)"¹⁶.

The Shaiteen deceived Adam (AS) by promising him immortality because he knows that man hates old age and death instinctively.

Mankind's fear for old age is so strong at times it leads a lot of men and women to undergo numerous amounts of plastic operations in order to look many years younger than they actually are. Even though these people at times suffer excruciating pains as a result of these plastic operations they bear the agony with patience because of their intense anxiety to look younger. Old age has affected a lot of people psychologically, in that they become miserable, loose their confidence, feel unwanted and retarded. They try to fight these feelings by dating young people who are sometimes half their age. Unbelievers are more affected with old age than Muslims because their societies and families reject them; also because this world is their paradise and they have nothing in the hereafter to look forward to. Thus our beloved Prophet Muhammad ﷺ has said, "*This world is a prison*

¹⁵ Ibid (Vol. 2), p252 No. 446

¹⁶Surah Al-A'raf 7:20 also Surah Taha 20:120

for the believers and paradise for the unbelievers"¹⁷.

Of all the people in the world the Jews are the most vehement in their desire for long life. Thus Allah said,

وَلَنِجْدُهُمْ أَخْرَصَ النَّاسَ عَلَى حَيَاةٍ وَمَنِ الَّذِينَ أَشْرَكُوا
يُوَدُّ أَحَدُهُمْ لَوْ يَعْمَرُ أَلْفَ سَنَةً وَمَا هُوَ بِعَزِيزٍ مِّنَ الْعَذَابِ
أَن يُعَمِّرَ وَاللَّهُ بَصِيرٌ بِمَا يَعْمَلُونَ (11)

*"And verily you will find them (the Jews) the greediest of Mankind for life and even greedier than those who do not believe in resurrection (idolaters etc.), everyone of them wishes that he could be given a life of a thousand years. But the grant of such life will not save him even a little from (due) punishment. And Allah is All-Seer of what they do"*¹⁸.

On commenting about their cowardice Allah said,

وَإِن يُقْتَلُوْكُمْ يُوَلُّوْكُمُ الْأَذْبَارَ ثُمَّ لَا يُنْصَرُوْكُمْ (111)

*"And if they fight against you, they will show you their backs, and they will not be helped"*¹⁹.

¹⁷Sahih Muslim (English translation) Vol. 4, p1529

¹⁸Surah Al-Baqarah 2:96

¹⁹Surah Al-Imran 3:111

CHAPTER THREE

THE INSTINCT OF ACCEPTING MONOTHEISM OVER POLYTHEISM

Man was created with the instinct of acknowledging monotheism and to prefer it as a religion and way of life over polytheism. Thus Islam which is the only true monotheistic religion in the world today, is the world's fastest growing religion. This natural phenomena is not a surprise since we were told that monotheism was embedded in us by Allah ever since we were in the loins of our fathers. In this regard Allah said,

وَإِذْ أَخَذَ رَبُّكَ مِنْ بَنِي آدَمَ مِنْ ظُهُورِهِمْ ذِرِّيَّتَهُمْ وَأَشَهَدَهُمْ عَلَىٰ
أَنفُسِهِمْ أَلَسْتُ بِرَبِّكُمْ قَالُوا بَلْ شَهِدْنَا أَنْ نَقُولُوا يَوْمَ الْقِيَامَةِ
إِنَّا كُنَّا عَنْ هَذَا غَافِلِينَ

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"And remember when your Lord brought forth from the children of Adam, from their loins there seeds and made them testify as to themselves saying, 'Am I not your lord ?!', they said, 'Yes we testify', lest you should say on the day of resurrection, 'Verily, we have been unaware of this'"²⁰.

This means that the unbelievers on the day of resurrection will have absolutely no excuse to reject Islamic monotheism because it was embedded in them by Allah. Allah also said,

فَأَقِمْ وَجْهَكَ لِلَّدِينِ حَنِيفًا فِطَرَ اللَّهُ أَلَّيْ فَطَرَ النَّاسَ عَلَيْهَا
لَا تَبْدِيلَ لِخَلْقِ اللَّهِ

²⁰Surah Al-A'raf 7:172

"So turn all of you your face towards the true religion of pure Islamic monotheism. "Allah's Fitrah (i.e. the fair nature) in which Allah has created Mankind. No change there is in the creation of Allah i.e. Islamic monotheism"²¹.

Likewise in this regard our beloved Prophet Muhammad ﷺ has said, "No child is born except according to his true and upright nature (Islam). It is his parents who make him a Jew or a Christian or a Magian (pagan)"²².

Since we were all born with monotheism in us, the rejecters of faith who worship false deities, ascribing them as partners to Allah have all rebelled against the fair nature in which Allah has created them. So if anyone of them die in that state which is polytheism they will be in the Hell-fire forever and they will not be forgiven by Allah. Thus Allah said,

إِنَّ اللَّهَ لَا يَغْفِرُ أَن يُشْرِكَ بِهِ وَيَغْفِرُ مَا دُونَ ذَلِكَ لِمَن يَشَاءُ

"Verily Allah does not forgive the crime of associating partners unto Him but he will forgive anything other than that to whom He pleases"²³.

The infidels who die in their disbelief will be in the hellfire forever. Because of this the Muslims were forbidden by Allah to make supplication and ask forgiveness for polytheists who die in their disbelief, even though they may be their near kith and kin. Thus Allah said,

²¹Surah Ar-Rome 30:30

²²Sahih Muslim (English trans.) Vol. 4 p1398

²³Surah An-Nisa 4:48

مَا كَانَ لِلنَّبِيِّ وَالَّذِينَ آمَنُوا أَنْ يَسْتَغْفِرُوا لِلْمُشْرِكِينَ وَلَوْ
كَانُوا أُولَئِكَ مِنْ بَعْدِ مَا تَبَيَّنَ لَهُمْ أَنَّهُمْ

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أَصْحَابُ الْجَحِيمِ

"It is not proper for the Prophet and those who believe to ask Allah's forgiveness for the polytheist even though they may be of kin after it has become clear to them that they are the dwellers of the fire"²⁴.

Because of this, the intercession of our beloved Prophet Muhammad ﷺ for his uncle, Abu Talib who died a Kafir was not for Allah Ta'ala to remove him from the hell-fire but to give him the lightest punishment while he is in the hell-fire. Abbas bin Abdul Muttalib once said to the Prophet ﷺ, "O Allah's Apostle! Did you benefit Abu Talib with anything as he used to defend you fervently, take care of you and become angry for you?", the Prophet ﷺ said, "Yes he is in the most shallow part of the fire and had it not been for me he would have been in the lowest part of the fire"²⁵.

Abu Sa'id Al-Khudri reported, "Verily, the messenger of Allah ﷺ said, 'The least tormented of the inhabitant of the fire would be he who would wear two shoes of fire and his brain would boil on account of the heat of the shoes'²⁶.

Ibn Abbas also reported, the Prophet ﷺ said, "Among the inhabitants of the fire Abu Talib would have the least suffering, and he would be wearing two shoes (of fire) which would boil his brain"²⁷.

²⁴Surah At-Taubah 113

²⁵Sahih Bukhari (Arabic/English) Vol. 8 p147, also Sahih Muslim (English trans.) Vol. 1 p138

²⁶Sahih Muslim (English trans.) Vol. 1 p139

²⁷Ibid p139

The reason why intercession of the believers cannot be used to rescue the unbelievers from the hell-fire is, because they died in a state of disbelief so all their good deeds have become nullified and thus they are of no benefit to them.

In regards to this Allah Ta'ala said,

وَلَقَدْ أُوحِيَ إِلَيْكَ وَإِلَى الَّذِينَ مِنْ قَبْلِكَ لَئِنْ أَشْرَكْتَ لِيَجْعَلَنَّ عَمَلَكَ
وَلَا تَكُونَنَّ مِنَ الْخَاسِرِينَ ٢٨

"And indeed it has been revealed to you (O Muhammad SAW) as it was to those (Allah's messengers) before you: If you join others in worship with Allah, then surely all your deeds will be in vain, and you will certainly be among the losers in the hereafter"²⁸.

Therefore these Christian relief agencies that are in our midst today like the Red Cross or any other infidelic organisation should not expect to receive any reward from Allah Ta'ala in the hereafter for their so-called humanitarian works because they have all nullified their deeds with the sin of shirk (polytheism).

This matter is so grave that the great scholar of Hadith, Imam Muslim Ibn Hajjaj²⁹ designated an entire chapter in his book Sahih Muslim on this issue entitled:

"Proof In Support Of The Fact That Who He Died In Unbelief His Deeds Would Not Be Of Any Avail To Him"³⁰.

²⁸Surah Az-Zumar 39:65

²⁹Muslim Ibn Hajjaj was born in 106AH in the town of Neesaaboor (Southern Iran) where he grew up. Imam Muslim had travelled extensively through out the Muslim world in search of knowledge, mostly in the field of Hadith. His journeys took him to Khurasaan where he studied under a great sheikh of Hadith Ishaq Ibn Raahuwai. Also he went to Rai, Makkah, Madina, Egypt. His book Sahih Muslim is regarded by the scholars of the Muslim world in the past and present as the second most authentic book after the Holy Qur'an, with Sahih Bukhari being the first. His most important sheikhs were, Ahmad Ibn Hambal of Iraq and Ishaq Ibn Raahuwai of Khurasaan. Imam Muslim died in 161AH at the age of fifty five. See Sahih Muslim Sharh An-Nawawi Arabic Vol. 1, p(Ba).

³⁰Sahih Muslim (English trans.) Vol. 1, p139

Accepting Monotheism Over Polytheism

A'isha the beloved wife of the Prophet ﷺ said: "O messenger of Allah, the son of Jud'an established ties of relationship, fed the poor. Would that be any avail to him?", he said, "It would be of no avail to him as he did not ever say: 'O my Lord pardon my sins on the Day of Resurrection'"³¹.

This tradition of the holy Prophet implies that the man Jud'an rejected faith in the Day of Resurrection which is an article of Iman (faith), therefore he was an infidel and so his deeds did not avail him.

³¹Ibid Vol. 1 p139

CHAPTER FOUR

THE INSTINCT TO DISTINGUISH BETWEEN GOOD AND EVIL

Allah the All-Mighty the All-Wise has placed within every human being the instinct to distinguish and differentiate between good and evil, right and wrong the pure and the corrupted.

In the Holy Qur'an we were told,

وَإِذْ قَالَ رَبُّكَ لِلْمَلَائِكَةِ إِنِّي جَاعِلٌ فِي الْأَرْضِ خَلِيفَةً قَالُوا
 أَتَجْعَلُ فِيهَا مَن يُفْسِدُ فِيهَا وَيُسْفِكُ الدِّمَاءَ وَنَحْنُ نُسَبِّحُ
 بِحَمْدِكَ وَنُقَدِّسُ لَكَ قَالَ إِنِّي أَعْلَمُ مَا لَا تَعْلَمُونَ

٣٠

"And remember when your Lord said to the angels 'Verily I am about to create a Khaleefah (generation after generation) on earth'. They said, 'Will you place there in those who make mischief and shed blood ? While we do celebrate your praises and glorify your holy names ?', He said, 'I know that which you know not'"³².

The question which was asked by the angels was not to refute Allah's decision but to inquire about the wisdom of creating man and endowing him with a free will since he may misuse and abuse his free will, like the Jinns do. Allah's reply to the angels was "*I know that which you know not*". This reply given by Allah to the angels means: I know of great advantages and goodness that will result from this fine creation of mine, man. I will not leave him in the lurch but instead I will give him the faculties of thinking and reasoning. Likewise I will endow him with the ability to distinguish good from evil. Also I will reveal unto some chosen ones from among them, my divine guidance so

³²Surah Baqarah 30

as to instruct others in righteousness and piety. As a result of all this there shall arise from amongst them Prophets, messengers, martyrs, callers to the truth, pious ones, saints, religious scholars, and those who love me Allah more than anything else³³.

The reason why man was elevated to such an eminent level is because Allah Ta'alā has given us the natural instinct of differentiating between good and evil, so some of us have used this instinct effectively in that we recognise the evil and abhor it and shun it. The way we recognise the good and love it and enjoin it.

In this regard Allah said,

وَنَفْسٍ وَمَا سَوَّنَهَا ﴿٧﴾ فَأَلْهَمَهَا بِجُورِهَا وَتَقْوَنَهَا ﴿٨﴾ قَدْ أَفْلَحَ مَنْ زَكَّنَهَا ﴿٩﴾ وَقَدْ خَابَ مَنْ دَسَّنَهَا ﴿١٠﴾

"By the soul and proportion and order given to it. Then he showed him what is wrong for him and what is right for him. Indeed he succeeds who purifies his own soul. And indeed he fails who corrupts his own soul (with evil deeds)"³⁴.

الَّذِي جَعَلَ لَهُ عَيْنَيْنِ ﴿٨﴾ وَلِسَانًا وَشَفَتَيْنِ ﴿٩﴾ وَهَدَىٰ نَّاهِيَةَ النَّجَدَيْنِ ﴿١٠﴾

"Have we not made for him a pair of eyes ? And a tongue and a pair of lips ? And shown him the two highways (of good and evil)"³⁵.

All these evidences are clear proofs that every man was given a conscience. So whether the person is a Muslim, Christian, Jew, agnostic or even an atheist he will agree that

³³See Tafseer Al-Qur'an Al-A'theem by Ibn Kathir Vol. 1 p73

³⁴Surah Ash-Shams 91:7-10

³⁵Surah Al-Balad 90:8-10

deeds like murder, stealing, rape and so on, are shameful deeds which are punishable. While deeds like helping the weak, feeding the poor and leading the blind are noble deeds that deserve a reward. It is because of this natural instinct of loving goodness given to us by our Lord Allah why there exist today philanthropists belonging to various religious persuasions. It is very unfortunate that even though we were endowed with the instinct to prefer monotheism over polytheism and to prefer faith over disbelief that most of men are astray. So a disposition to do evil preponderates in their behaviour and a liking to commit shirk (polytheism) dominates their character. Thus Allah said,

وَمَا يُؤْمِنُ أَكْثَرُهُمْ بِاللَّهِ إِلَّا وَهُم مُشْرِكُونَ ١٠٦

"And most of them believe not in Allah except that they attribute partners unto him"³⁶.

وَمَا أَكْثَرُ النَّاسِ وَلَوْحَدَتْ بِمُؤْمِنِينَ ١٠٧

"And most of Mankind will not believe even if you desire it eagerly"³⁷.

Allah quotes Iblees as saying the following with regards to man.

قَالَ فَيُعِزِّنَكَ لَا غُوَسَّةٌ مِّنْهُمْ إِلَّا عَبَادَكَ مِنْهُمْ ٨٢

الْمُخَلَّصِينَ ٨٣

"By your power I will seduce all of them except your purified servants"³⁸.

³⁶Surah Yusuf 12:106

³⁷Surah Yusuf 12:103

³⁸Surah Saad 38:82-83

قَالَ أَرْءَيْتَكَ هَذَا الَّذِي كَرَمْتَ عَلَيَّ إِنْ أَخْرَجْتَنِي إِلَى يَوْمٍ
 الْقِيَمَةِ لَا حَتَّى كَنَّ ذُرِّيَّتَهُ إِلَّا قَلِيلًا

"He said, 'Do you see this one whom you have honoured over me! If you give me respite until the Day of Resurrection, I will surely bring all of his descendants under my sway except a few'"³⁹.

Allah confirmed that Satan would achieve success:

وَلَقَدْ صَدَقَ عَلَيْهِمْ إِبْلِيسُ ظَنَّهُ فَاتَّبَعُوهُ إِلَّا فَرِيقًا

٢٠
مِنَ الْمُؤْمِنِينَ

"Iblees proved his idea to be true on them and they all followed him except a group of the believers"⁴⁰.

In this life everyone encounters heavy pressures from the evil temptations of the Shaitaan. And only the sincere believers will be able to have power over him and thus survive his evil strategies. But as for the unbelievers they are like meat in front of a hungry lion with regards to the temptations of the Shaitaan. Because of their disbelief they are helpless against his advances. So in spite of them been given the natural instincts to prefer good over evil they are unable to utilise this instinct effectively because they are powerless when they encounter the evil whispers of the Shaitaan.

In this regard Allah said,

وَمَنْ يَعْشُ عَنْ ذِكْرِ الرَّحْمَنِ نُفْسِضْ لَهُ شَيْطَانًا فَهُوَ لَهُ، قَرِينٌ

"And whosoever withdraws himself from the remembrance of the Most Gracious, We appoint for

³⁹Surah Al-Israa 17:62

⁴⁰Surah As-Saba 34:20

him a Satan, to be an intimate companion to him"⁴¹.

The remembrance of Allah is the most effective means of warding off the Shaitaan and his temptations. The Holy Prophet ﷺ said, "*Be mindful of Allah and He will protect you (from Shaitaan). Be mindful of Allah and you will find Him in front of you.*"⁴² The most effective ways of remembering Allah are - the establishment of our five daily prayers, reading the Holy Qur'an frequently, fasting in the Holy month of Ramadaan. Associating with pious people at the mosque and regular Islamic study circles.

⁴¹Surah Az-Zukruf 43:36

⁴² Ahmad, Tirmidhi

CHAPTER FIVE

THE INSTINCT TO LOVE ONE'S COUNTRY

Man is nationalistic by nature. Therefore he strives for unity, independence, interest, prosperity and even the dominion of his nation. He wants the best for his country and it hurts him to see his country's backwardness, especially moral and economic backwardness. Whenever he leaves his country, he reads newspapers and magazines that inform him of the situation back home. Likewise he buys goods and merchandise that were imported from his homeland to the country where he is residing. Whenever his country is participating in any competition, like the world Olympics, world cup football, the common wealth games and so on, he automatically becomes a fan and supporter of his national team without anyone having to tell him to do so. If his country is invaded by another country he would lay down his life to repel the aggressor and defend his homeland. This is so because he is by nature a lover of his country. Because of this it is considered bad manners by Islam to speak ill about someone's birthplace because his heart is connected to his country, hence by doing so you actually hurt him. Not only would you hurt him but you would cause him to hate you. Thus the Islamic brotherhood would be affected with hatred, malice, spite, resentment and rancour.

As Muslims we should not allow our love for our country to turn us into nationalists i.e. giving preference to nationalism over the Islamic brotherhood. This is called 'Asabiya*.

It has been narrated on the authority of Abu Hurairah رضي الله عنه that the Messenger of Allah ﷺ said, "One who fights under the banner of a people who are blind to the cause for which they are fighting, (i.e. do not know whether their cause is just or

The Arabic word 'Asabiya' conveys the following meanings: Nationalism, tribalism, racism, partisanship, clannishness.

unjust, who gets flared up with Asabiya, calls people to fight for their Asabiya. And supports his kith and kin (i.e. fights not for the cause of Allah but for the sake of his asabiya) if he is killed (in this fight) he dies as one belonging to the days of Jahiliyah (the pre-Islamic days of ignorance)"⁴³.

The Shaitaan has been using this instinct to cause great destruction on the earth in that he has turned a lot of people into nationalists, thinking that they are a superior nation and that they have the right to dominate others. Most wars that are being fought today taking a heavy toll on human lives and properties are fought in the name of nationalism. Nationalism was the dogma used by Hitler to incite his soldiers to pursue the second world war which lasted for seven years between 1939 and 1945. So was the eight year old war between Iraq and Iran. Millions of people died in both wars, soldiers as well as civilians. Likewise the destruction of what use to be Yugoslavia was done in the name of nationalism with the Serbs as the aggressors. Many more wars of the past and present can be used as examples of the Shaitaan using the natural instinct to love our country to turn us into violent nationalists. As for the Hadith: "*To love your country is a part of Iman*", is classified fabricated by all the scholars of Hadith.

Nationalism is a fatal disease that has contaminated the hearts of most of us. Only the God-fearing is saved from this disease which is Kufr. This disease thrives more rapidly in the hearts of people who are citizens of a rich country. These people at times deliberately make visitors feel foreign especially if the visitor happens to be from a country poorer than theirs.

The Shaitaan has lead many Muslims astray with nationalism, to the extent that they treat other Muslim visitors to their country badly and even passed laws making it forbidden for Muslims of other countries to marry their citizens. Thus their nationalism has caused them to make what is Halaal, haram and

⁴³Sahih Muslim (English trans.) Vol. 3 p1030

to do so is an act of Kufr (disbelief). Also you will find that their policies on visa applicants and asylum seekers are harsher than that of the Kafir regimes. This disease of nationalism did not emerge in the body of the Ummah until after the Islamic Caliphate was destroyed approximately seventy years ago. This is so because all Muslim countries were ruled by one leader the Caliph, with one system the Shari'ah, therefore there was no room for nationalism in the Islamic Caliphate.

The colonial powers were instrumental in spreading this fatal disease among the Muslims because their aim has always been to divide us in order to rule us.

I would like to cite an Ayah in the Holy Qur'an which is the antidote for the diseases of nationalism and racism hoping it will benefit all the nationalists, and racists, Muslims specifically and the rejecters of faith generally. Allah the Most High said,

يَأَيُّهَا النَّاسُ إِنَّا خَلَقْنَاكُمْ مِّنْ ذَرَّةٍ وَّأَنْشَئَنَاكُمْ شُعُوبًا وَّقَبَائلٌ
لِتَعَارَفُوا إِنَّ أَكْرَمَكُمْ عِنْدَ اللَّهِ أَنْفَقَكُمْ

"O Mankind, verily we have created you from a male and a female and made you into nations and tribes, that you may know each other not that you may despise each other.

Verily the most honourable in the sight of Allah is (that believer) who is most righteous"⁴⁴.

⁴⁴Surah Al-Hujuraat 49:13

CHAPTER SIX

THE INSTINCT TO LOVE HONOUR, POWER AND PRESTIGE

Man likes to know that he is appreciated by many. He desires the respect of others. He wants to be held in high esteem by those around him. He becomes frustrated and miserable if he should be rejected, dishonoured and belittled by others. Parents like to be honoured by their children, likewise children like to be respected by their parents. Husbands and wives cherish a marriage which is built on the foundations of love, honour and respect for each other. Therefore a marriage without mutual respect cannot survive. A teacher at school, college, or university adores a pupil who respects him or her even if that pupil is dull. However the teacher despises the pupil who does not show any respect to him or her even if that pupil is bright. This is so because we were born with the natural instinct of loving to be respected and honoured by others. We at times take sides with a person even though the person is wrong because we know that, that particular person respects us. And at times we take sides against a person even though that particular person is in the right because we know that, that person does not respect us. This behaviour of ours is a grave mistake because when we speak the truth we gain the respect of those who used to disrespect us. In regards to this Allah said,

وَلَا يَجْرِي مِنْكُمْ شَيْءٌ فَوْمٌ عَلَى الْأَنْعَدِ لَوْا هُوَ أَقْرَبُ لِلتَّقْوَىٰ

"Do not allow your dislike for a people, cause you to be unjust towards them. Be just its the closest thing to piety"⁴⁵

⁴⁵Surah Al-Ma'idah 5:8

People should not entertain the idea that because of their positions as parents, husbands, wives, teachers, sheikhs, prime ministers, presidents and so on, automatically gives them the right to demand respect from others. Respect cannot be demanded, but instead respect has to be earned. Therefore children would not respect parents who cheat on each other. Nor will the Muslim community respect a sheikh who supports a corrupt regime which kills Muslims, for the sake of worldly benefits. Nor a leader who claims to be a Muslim but does not govern by what Allah has revealed, but instead fights Islam and governs by man-made laws.

Man's eagerness and love for honour and power is so strong that at times it leads him to commit the worst sin under the heavens which is shirk, polytheism. He does this by rebelling against Allah's heavenly revealed laws, the Shari'ah. And thus replacing it by his whimsical ideas and opinions. In doing so he has set himself up as a rival with Allah Ta'alā and this type of shirk is very grave because it affects the lives of millions of Muslims today, in that they are being ruled by leaders who have set themselves up as rivals to Allah by dislodging the Shari'ah and replacing it with man-made "isms" and "skisms". In regards to this Allah said,

إِنَّ الْحُكْمَ إِلَّا لِلَّهِ

"There is no valid government except the government of Allah"⁴⁶,

وَلَا يُشْرِكُ فِي حُكْمِهِ أَحَدًا

"And He (Allah) does not allow anyone to share in His decision and His rule"⁴⁷,

⁴⁶ Surah Al-An'am 6:57

⁴⁷ Surah Al-Khaf 18.26



وَمَنْ لَمْ يَحْكُمْ بِمَا أَنْزَلَ اللَّهُ فَأُولَئِكَ هُمُ الْكَفِرُونَ

"And whoever does not govern by what Allah has revealed, such are the kafiroon (i.e. disbelievers)"⁴⁸.

The above mentioned Ayat are solid evidences to establish the concept of Tawheed al-Haakimiyya⁴⁹ which the hypocrites and kafirs firmly deny.

The Pharaoh of Egypt became overwhelmingly intoxicated with power to the extent where he made a false claim in his attempt to deceive the people. Allah related this incident as follows,

أَذْهَبْ إِلَى فِرْعَوْنَ إِنَّهُ طَغَى ١٧ فَقُلْ هَلْ لَكَ إِلَيَّ أَنْ تَرْجِعَ ١٨ وَاهْدِيَكَ إِلَى رَبِّكَ فَتَخْشَى ١٩ فَأَرْبَهُ أَلْأَيْهَا الْكُبْرَى ٢٠ فَكَذَّبَ وَعَصَى ٢١ شِعْرَ أَذْبَرِ نَسْعَى ٢٢ فَحَسَرَ فَنَادَى ٢٣ فَقَالَ أَنَّارِبَكُمُ الْأَعْلَى ٢٤

"Go to Pharaoh, verily he has transgressed all bounds (in crimes sins polytheism disbelief etc.). And say to him: 'Would you purify yourself from the sin of disbelief by becoming a believer. And that I guide you to your Lord, so you should fear him ?'. Then Moses showed him the great signs (miracles). But Pharaoh belied and disobeyed, then he turned his back in fervent rebellion to Allah. Then he gathered his people and cried loudly, saying : 'I am your Lord the Most High'"⁵⁰.

⁴⁸Surah Al-Ma'idah 5:44

⁴⁹Tawheed al-Haakimiyyah means, Allah is the only law giver and legislator. Government preachers do not teach the Muslims about this branch of Tawheed because they do not want to upset their kafir paymasters, i.e. the apostate leaders who have dislodged the Shari'ah and replaced it with their evil and corrupted desires. Sheikh Muhammad Ibraheem who was the Sheikh of Ibn Baaz, said in his book, "Tahkeem al-Qawaaneen" that Tawheed al-Hakimyyah is the twin half of Tawheed al-Uluhiya, i.e. Allah alone deserves to be worshipped.

⁵⁰Surah An-Naziat 79:17-24

Power intoxicated the Pharaoh to such an extent that he suffered from a god complex, claiming to be the most high. His evil surpassed that of the Shaitaan, because the Shaitaan in spite of him rejecting faith by being rebellious to Allah, he the shaitaan never claimed to be Allah but instead he said to Allah when he was cast out of paradise,

قالَ رَبِّيْ فَأَنِيْطِرْنِي إِلَى يَوْمٍ يُبَعْثُونَ ﴿٣٦﴾

*"O my Lord! Grant me respite till the Day when they will be resurrected"*⁵¹.

Iblees said,

قَالَ رَبِّيْ مَا أَغْوَيْتَنِي لَأَزِيْنَ لَهُمْ فِي الْأَرْضِ وَلَا أَغْوِيْنَهُمْ

أَجْمَعِينَ ﴿٣٦﴾ إِلَّا عِبَادَكَ مِنْهُمُ الظَّاهِرُونَ

*"O my Lord! because you mislead me, I shall indeed adorn the path of error for them (Mankind) on the earth, and I shall mislead them all. Except your chosen (sincere) slaves among them"*⁵².

When a person is entrusted with authority and power and he has no Iman he becomes proud, haughty and tyrannical. As for the believers whenever they are entrusted with power and authority they do not become proud, ostentatious and tyrannical because they know that only Allah is Al-Qadeer the All-Powerful, Al-Hakeem the All-wise, Al-'Aleem the all-knowing.

⁵¹Surah Al-Hijr 15:36

⁵²Surah Al-Hijr 15:39-40

The Ayat mentioned are evidences proving that Iblees acknowledges Tawheed Ar-Rububiyyah, i.e. Allah is the only Lord and Creator. How ever this is not sufficient to make him a believer, because Tawheed consists of four parts. So not until he believes in all four parts he will forever be condemned by Allah. The other branches of Tawheed are; Uluhiyyah i.e. Allah alone deserves to be worshipped, Asmaa' was-Sifaat i.e. to believe in His ninety-nine names and attributes. Haakimiyyah to believe that He is the only law giver.

On the authority of Abu Hurairah (may Allah be pleased with him) who said that the messenger of Allah ﷺ said that Allah Glorified and Exalted be He said, "*Pride is My cloak and greatness My robe, and he who competes with me in respect of either of them I shall cast him into Hell-fire*"⁵³.

Likewise the Prophet ﷺ said, "*On the day of resurrection Allah will hold the whole earth and hold the heaven with his right hand and say, 'I am The King, where are the Kings of the earth ?'*"⁵⁴.

The Shaitaan uses a method called sequential persuasions to mislead men who have a bottomless appetite for power, honour and prestige. At first he gets them to claim to be a reformer. And when their followers grow in number he persuades them to claim to be a Prophet after Muhammad ﷺ which is Kufr Al-Akbar (major disbelief) and thus it takes the claimer outside the fold of Islam. After making this claim he then goes on to claim to be Allah in person. Men who behave like this normally do so because they are slaves of their corrupted desires and they wish to amass a large amount of wealth and women, so they make these false claims in order to make their followers become totally subservient to them and that their authority over them should be left unchallenged. In this world today a lot of the wars that are being fought are as a result of man's abuse of this natural instinct. Not to mention the two world wars. People have been divided into factions, groups, political parties fighting to over throw one another in order to grab power and bring the entire population under their sway even though on most occasions their agendas and manifestos are incorrect, thus totally unsuitable to govern man. This is the case because their agendas are man-made laws, not heavenly revealed laws and a system which is not heavenly revealed is un-blessed hence its unfit to be used as an agenda for

⁵³Sunnan Abu Dawood (English trans.) Vol. 3, p1141 No.4079.

⁵⁴Sahih Bukhari (Arabic/English) Vol. 9 p355

Mankind.

These unscrupulous warlords are so greedy for power in that they do not care if half of their population is wiped out as a result of these wars, so the only important thing to them is to grab power and dominate the people with their leadership of tyranny and oppression.

CHAPTER SEVENTHE INSTINCT OF BEING ATTRACTED TO THE OPPOSITE SEX

Allah has placed within us the instinct of being attracted to the opposite sex, i.e. men being attracted to women and women being attracted to men. Allah gave us this natural instinct in order to safe guard us from becoming homosexuals and lesbians. If people should become homosexuals they will be unable to procreate and beget children, hence the human race would become extinct. This is totally against Allah's plan, thus he gave us an instinct that will enable us to procreate and beget children and with this the human race is not endangered nor threatened. Allah said,

وَمِنْ آيَاتِهِ أَنَّ خَلَقَ لَكُمْ مِنْ أَنفُسِكُمْ أَزْوَاجًا لِتَسْكُنُ إِلَيْهَا
وَجَعَلَ بَيْنَكُمْ مَوْدَةً وَرَحْمَةً

"And among His signs is that He created for you wives from among yourselves, that you may find comfort in them, and He has placed between you affection and mercy"⁵⁵.

This instinct is so strong that some psychologists believe that man's behaviour is motivated by this instinct, it is a major factor shaping man's behaviour⁵⁶. Mankind is divided into three groups in regards to this instinct so they either practice celibacy, promiscuity or marriage.

⁵⁵Surah Ar-Rum 30:21

⁵⁶That which shapes a person's behaviour is his 'Aqeedah (belief). Hence the believer in Allah and the last day will make special efforts to control his sexual instinct, while the rejecter of faith, will not see the need to. The sexual instinct is the most difficult to control. The evidence for this is the following words of Muhammad ﷺ "Whoever can guarantee the chastity of what is between the two jawbones and what is between his two legs (i.e. his tongue and private parts), I guarantee Paradise for him." Sahih al-Bukhari, Arabic/English Vol. 8 p.320 No.481.

As for those who practice celibacy they have been lead astray by the Shaitaan in regards to their natural instinct of being attracted to the opposite sex. This is so because the Shaitaan is our avowed enemy and he knows that with celibacy human race will eventually become extinct. Also those who practice promiscuity have been lead astray by the Shaitaan in regards to this natural instinct. Because promiscuity causes diseases, poverty, moral decay, divorces, murder and many other vices that are detrimental both to individual and society.

Hence marriage is the only institution that is recognised by Allah as legitimate because it safeguards the continuation of the human race in a divine, decent, noble and upright manner. The Messengers of Allah were sent as divine examples for Mankind to follow, and Allah said concerning them,

وَلَقَدْ أَرْسَلْنَا رُسُلًا مِّنْ قَبْلِكَ وَجَعَلْنَا لَهُمْ أَزْوَاجًا وَذُرِّيَّةً

"And indeed We sent messengers before you (O Muhammad SAW) and made for them wives and offspring"⁵⁷.

While the Prophet ﷺ was in the midst of his companions he advised them saying, "He who can afford to marry should marry, because it will help him refrain from looking at other women, and save his private parts from committing illegal sexual relation; and he who cannot afford to marry is advised to fast as fasting will diminish his sexual power"⁵⁸.

The Sahabi Anas Ibn Malik رضي الله عنه reported that some of the companions of Allah's apostle ﷺ asked the prophet's wives about the acts (of worship) that he performed in private. Someone among them (his companions) said, "I will not marry women; someone among them said, "I will not eat meat"; and

⁵⁷Surah Ar-Ra'd 13:38

⁵⁸Sahih Bukhari (Arabic/English) Vol. 3 p71-72 No.129

someone among them said, "*I will not lie down in bed*". He (the holy prophet SAW) said, "*What has happened to these people that they say so and so, where as I observe prayer and sleep too, I observe fast and suspend observing them, I marry women also? And he who turns away from my Sunnah, he has no relation with me*"⁵⁹.

⁵⁹Sahih Muslim (English Trans) Vol. 2 p703 No.3236; Sahih al-Bukhari Arabic/English Vol. 7 p.1 No. 1. The Holy Prophet ﷺ said he who turns away from my Sunnah of getting married is not of me. This is so because the unmarried person whether it be male or female, is bound to get involved in un-Islamic acts such as masturbation, fornication, adultery, homosexuality, child abuse, rape, lesbianism and so on. Since these actions are haram, the perpetrator of such acts is not of the Prophet ﷺ.

CHAPTER EIGHT

THE INSTINCT OF WANTING TO BE LOVED

It is an inherent quality in all of us that we want to be loved, adored and appreciated by others, especially those who are close to us. Therefore children want to be loved by their parents and vice versa, and wives want to be loved by their husbands as well as husbands want to be loved by their wives. No one wants to live in a loveless marriage, since it is totally un-natural. This is why we all have friends. Friends that we keep in close contact with and enjoy being in their company.

It is for this same reason why people engage in intimate relationships at high schools, colleges and universities (i.e. boy friend, girl friend relationships). They want to feel emotionally secured, and confident about themselves being beautiful, handsome, comely and attractive. They want to know that they are special in someone's heart. Because of this it is very important that parents display their love and affection in their behaviour towards their children. If this is lacking the children will seek after this love and affection from strangers outside the home and therefore become vulnerable to rascals who will not hesitate to manipulate them. Children who are from homes where they were not shown any love nor attention often end up as class clowns disrupting the class in order to seek the attention of others. Likewise girls who were not shown any love at home often start intimate relationships with men at an early age.

Husbands who are not shown enough love and affection from their wives at home often engage in extra-marital love affairs with their co-workers at work; their secretaries or any other women they come into contact with on a regular basis. Some of them even go as far as to hire the services of prostitutes. These same practices apply to the women who are not shown any love by their husbands; they may end up seeking it from other

sources that are obviously haram.

All these vices occur because we all have this inherent instinct to fulfil. To love and to be loved. Hence whenever there is a vacuum the consequences can be startling and catastrophic for the individual and the society.

Also we all want to be loved and appreciated by our Muslim brothers and sisters, because the Muslim community is our extended family. The only way we can be loved by other Muslims is for us to improve on our relationship with Allah our Lord and Creator. If the relationship with your Creator is good then your relationship with his entire creation automatically becomes good. In regards to this fact the holy prophet ﷺ has said,

*"When Allah loves a servant, He calls Gabriel and says, "Verily I love so and so; you should also love him", and Gabriel begins to love him. Then he makes an announcement in the heaven saying, "Allah loves so and so, you should also love him", and then the inhabitants of the heavens (the angels) also begin to love him and then there conferred honour upon him in the earth; and whenever Allah dislikes a servant of His, He calls Gabriel and says, "I dislike so and so you should also dislike him", and then Gabriel also dislikes him and then makes an announcement amongst the inhabitants of heaven, "Verily Allah dislikes so and so, so you should also dislike him", and thus they also dislike him. Then he becomes the object of wrath on the earth also"*⁶⁰.

⁶⁰Sahih Muslim (English trans.) Vol. 4 p1385 No.6373

CHAPTER NINE

THE INSTINCT OF WANTING TO IMITATE ONE'S PARENTS

Whenever someone loves, appreciates and adores someone else, it becomes natural for the person to imitate his or her object of love. Hence, children imitate their parents in regards to culture, tradition, politics and religion: wives do the same. They imitate their husbands who are their objects of love. Its because of this reality why Islam forbids marriages between Muslim women and non-Muslim men. Thus Allah said,

يَتَأَمَّلُ الَّذِينَ إِذَا جَاءَهُمْ أُمَّةٌ مُّؤْمِنَاتٍ مُّهَاجِرَاتٍ فَامْتَحِنُوهُنَّ
 اللَّهُ أَعْلَمُ بِمَا يَبْتَهِنُونَ فَإِنْ عِلِّمْتُمُوهُنَّ مُّؤْمِنَاتٍ فَلَا تُرْجِعُوهُنَّ إِلَى الْكُفَّارِ لَا هُنَّ
 جُنُلٌ لَّهُمْ وَلَا هُنَّ يَحْلُلُونَ لَهُنَّ

"O you who believe! when there come to you believing women as emigrants examine them: Allah knows best as to their faith: If you ascertain that they are believers, then send them not back to the unbelievers. They are not lawful wives for the unbelievers, nor are the unbelievers lawful husbands for them"⁶¹.

Children because of their emotional attachment to their parents often imitate them blindly. For example emulating them in good as well as bad things. At times when some of these children realise that the culture or religion of their parents is wrong they try to give it up in an effort to be on the straight path so as to be successful in this life and in the hereafter. But unfortunately when most of these parents realise that their

⁶¹Al-Mumtahana 60:10

children are about to break away from their religion and culture and embrace Islam, they resort to emotional blackmail, making statements like, "if you should become a Muslim you are no longer my son/daughter. I don't want to see you ever again".

The Shaitaan knows that we all have an emotional attachment towards our parents, which is a natural instinct. So because of this whenever someone is contemplating embracing Islam he always whispers to their hearts saying: "*How can you hurt the feelings of your beloved parents. How can you break their hearts by renouncing the family's religion and culture?*". The first time I heard about Islam I was sixteen. I immediately recognised that it was the truth and therefore decided to become a Muslim. Upon making my decision I could detect a discouraging voice saying how can you loose your family and break the hearts of your parents for the sake of a religion. There is no doubt that, that was the sneaking whispers of the Shaitaan playing with my natural instincts.

At times when someone is about to die and he is contemplating embracing Islam the Shaitaan sends a person to his death bed in order to convince him or her to die in the religion of his parents which is falsehood. One of the most excellent examples of this reality is the story about the demise of the prophet's uncle Abu Talib.

Narrated Sa'eed Bin Al-Musaiyyab from his father: "*When the time of death of Abu Talib approached Allah's apostle went to him and found Abu Jahl Bin Hisham and Abdullah Bin Abi Umayya by his side. Allah's apostle said to Abu Talib, 'O uncle! say: None has the right to be worshipped except Allah, (La ilaha illallah), a sentence with which I shall be a witness i.e. intercede for you before Allah'. Abu Jahl and Abdullah Ibn Umaiyya said, 'O Abu Talib! are you going to denounce the religion of your father Abdul Muttalib?', Allah's apostle ﷺ kept on inviting Abu Talib to say 'laa ilaha illallah' (i.e. none has the right to be worshipped except Allah) while they Abu Jahl and*

Abdullah kept on repeating their statement till Abu Talib said as his last statement that he was on the religion of his father Abdul Muttalib and thus he refused to say 'none has the right to be worshipped except Allah'”⁶².

So Abu Talib died a kafir and a mushrik. Because of this the holy prophet ﷺ was deeply hurt to see his uncle destined to the hell-fire. However on this occasion Allah Ta'ala comforted His apostle saying:

إِنَّكَ لَا تَهْدِي مَنْ أَحْبَبْتَ وَلَكِنَّ اللَّهَ يَهْدِي مَنْ يَشَاءُ

"Verily! you (Muhammad) guide not whom you like, but Allah guides whom he will"⁶³.

The above mentioned story of the Holy Prophet's uncle Abu Talib is a splendid example of how the Shaitaan used emotional blackmail to cause someone to die on the religion of his parents and foreparents which was shirk. There is no doubt that there are thousands and millions of people today who died as kafirs after hearing about Islam. This misfortune continues to occur because these people fall victim to a vicious web of the Shaitaan which is called emotional blackmail. —

⁶²Sahih Bukhari (Arabic/English) Vol. 2 p248 No.442. See also Tafseer Al-Qur'an Al-Atheem by Ibn Kathir Vol.3 p.406

⁶³Surah Al-Qisas 28:56

CHAPTER TEN

THE INSTINCT TO LOVE CHILDREN

Allah Ta'ala gave us the instinct of loving children for various reasons. The most prominent of these are:

- a. so that human race will continue as a result of us the adults having children,
- b. for us to take care of them, as a result we take care of our future,
- c. in order that the Ummah of Muhammad ﷺ will become vast in number. In this regard our Prophet ﷺ said, "*Marry women who are loving and affectionate. Woman who are able to have children because it is by these women that my followers will supersede the followers of the other prophets in number on the Day of Judgement*"⁶⁴.

On the authority of Ma'qil Ibn Yasar who said, "*A man came to the Prophet ﷺ and said, 'I have found a woman of noble rank and beauty, but she does not give birth to children. Should I marry her? He ﷺ said 'No'. He came to him again but the Prophet ﷺ prohibited him. He came to him the third time and the Prophet ﷺ said, 'Marry women who are loving and very fertile, for I shall out number the peoples by you*"⁶⁵.

The Holy Prophet forbade his companion from marrying a barren woman knowingly because marriage in Islam is not marginalised to the mere pleasure of having a beautiful and noble wife but instead, one of the first and foremost reasons for marriage is to produce children so that this Ummah will become strong in number. The kafirs know this and this is the reason why they are quick to have Muslim women giving birth by the

⁶⁴Sunnan Abu Dawud English Trans. Vol. 2 p545 No.2045

⁶⁵Ibid Vol.2 p545

caesarean section so as to limit the number of children they can have. They like to search for reasons to take Muslim children away so that they will be brought up by the kafir state with kafir Aqeeda and values. If a Muslim male should have a child from a Christian wife the kafir courts always give custody to the wife in case of a battle for the child, because the hearts of the kafirs are alike. These unbelievers are so desperate to hamper the growth of the Muslims they went as far as to use the UN to organise world-wide conferences in the Muslim world encouraging the Muslim women to practice birth control, abortion, delaying of marriage and many other unhealthy western values.⁶⁶

Among the evidences to prove that it is a natural instinct to love children is Allah's word:

رِزْقَنَ لِلنَّاسِ حُبُّ الشَّهَوَاتِ مِنَ النِّسَاءِ وَالْبَنِينَ وَالْقَنْطَرِ
الْمُغَنَّطَرَةِ مِنَ الدَّهْبِ

*"Fair in the eyes of men is the love of things they covet: Women and children heaped-up hoards of gold and silver"*⁶⁷.

الْمَالُ وَالْبَنُونَ زِينَةُ الْحَيَاةِ الدُّنْيَا

*"Wealth and children are the adornment of the life of this world"*⁶⁸

وَأَعْلَمُوا أَنَّمَا أَمْوَالُكُمْ وَأَوْلَادُكُمْ فِتْنَةٌ وَأَنَّ اللَّهَ عِنْدَهُ

أَجْرٌ عَظِيمٌ

⁶⁶ Even though it is permissible for Muslim males to marry the chaste women of Ahl-al-Kitaab (i.e. Christian and Jews); this is not allowable unless there are no Muslim women available. Some Jurist hold that this can only be done in the Islamic State where you are not threatened of having your children taken away and brought up as kafirs.

⁶⁷ Surah Al-Imran 3:14

⁶⁸ Surah Al-Kahf 18:46

*"And know that your possessions and your children are but a test and that surely with Allah is a mighty reward"*⁶⁹.

The Shaitaan has used this natural instinct to lead people astray in various ways. Some he caused to become so obsessed with their children that they sexually abuse their daughters and step-daughters. The Islamic verdict for a man who commits the crime of incest is death. Based upon the Hadith of Ibn Abbas where he reported that the holy prophet ﷺ said, *"Any man who commits the crime of incest must be put to death and any man who cohabits with an animal both him and the animal must be put to death"*⁷⁰.

Also Shaitaan uses our children to turn us into cowards turning our backs on jihad⁷¹. And he uses our children to make us become tight fisted and stingy, refusing to give away in charity. In this regard the holy prophet ﷺ said, *"Your children at times make you become tight-fisted and cowards"*⁷².

Likewise the Shaitaan has caused many people to loose their natural instinct. There is a growing number of women in the world today who are refusing to have children, claiming that it will affect their career, and the shape of their bodies. Some well to do women in the west even go as far as to hire the wombs of less fortunate women to bear their children for them (i.e. surrogate mothers). It is amazing how people can allow others to use and exploit them for the sake of a miserable price. One of the signs of the last day is that women will stop having children.

⁶⁹Surah Al-Anfal 8:28

⁷⁰Sunnan Ibn Majah No.2564 also Naylul Awthaar Vol. 7 p118

⁷¹ The Arabic word *Jihad* means to wage war against the apostates, hypocrites and kafirs solely for the spreading of Islam and to establish Allah's governance on earth i.e. the *Shari'ah*. "The four great Imaams (Abu Hanifah, Malik, ash-Shafi'ee, and Hambal) have agreed that the word "Jihad" when it is used it means fighting the Kuffar physically until they embrace Islam or pay the Jizya and they are subdued in humiliation" *Ithaaf al-Ibaad fee Fada'il al-Jihad* by ash-Sheikh ash-Shaheed 'Abdullah 'Azzam.

⁷²Musnad Ahmad ibn Hanbal Vol. 4 p172

Many women today who refuse to have children because they want an uninterrupted career, hire the womb of surrogate mothers. While those who are not able to afford it wait until they are in their late thirties or early forties. Since it is rather difficult for women to conceive at these ages they have to take heavy dosages of fertility pills or even go as far as to undergo painful operations for this purpose. Some women have lost their natural instinct of wanting to have children in its totality so they make up for it by raring animals like cat, dogs, etc. Today many countries in the west have an ageing population due to their denial of this vital instinct.

CHAPTER ELEVEN

THE INSTINCT OF BEING INQUISITIVE AND LOVING KNOWLEDGE

Man likes to know. Because knowledge signifies honour and dignity. Whereas ignorance signifies dishonour and ignobility. In reference to this fact Allah said,

يَرْفَعُ اللَّهُ الَّذِينَ أَمْنَوْا مِنْكُمْ وَالَّذِينَ أَوْتُوا الْعِلْمَ دَرَجَاتٍ

"Allah will exalt in noble ranks and degrees those of you who believe and those of you who are firmly grounded in knowledge"⁷³,

قُلْ هَلْ يَسْتَوِي الَّذِينَ يَعْلَمُونَ وَالَّذِينَ لَا يَعْلَمُونَ

"Say: are those who know equal to those who do not know?"⁷⁴.

Allah Ta'ala instilled in us this instinct so that we will progress spiritually, academically, mentally scientifically and otherwise. Allah on many occasions in the Holy Qur'an has encouraged us to reflect and ponder on his creation. At times he has even invited us to travel through the different parts of His creation in order to learn from it hence he said.

يَمْعَشُ الْجِنَّةِ وَالْإِنْسَانَ إِنْ أَسْتَطَعْتُمْ أَنْ تَنْقُذُوا مِنْ أَقْطَارِ السَّمَوَاتِ

وَالْأَرْضِ فَأَنْقُذُوا لَا تَنْقُذُونَ إِلَّا سُلْطَنٌ

فِي أَيِّ الْأَرْضِ كَمَا شَاءَ بَانِ



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"O assembly of Jinns and Men! If you have power to pass beyond the zones of the heavens and the earth, then pass them!"

⁷³Surah Al-Mujaadila 58:11

⁷⁴Surah Az-Zumar 39:9

But you will never be able to pass them except with the authority from Allah! Then which of the favours of your Lord will you both deny (Jinns and men) deny?"⁷⁵.

Our righteous predecessors have utilised this instinct to the best of their ability. It is for this reason why Sahaaba like A'isha, Ibn Abbas and Abu Hurairah will forever be household names. The great scholar of Islam Ahmad Ibn Hanbal⁷⁶ had memorised a million Hadith. The very foundation of the western civilisation especially in the fields of science, medicine, navigation, mathematics and literature has its roots in Islamic Spain which was the centre of learning until 1494 CE, even the word "*algebra*" is an Arabic word.

This instinct of being inquisitive and loving knowledge was given to us by Allah so that we will make many discoveries and break through for us to progress spiritually as well as technologically. Therefore this instinct when utilised properly produces wonderful and marvellous results.

⁷⁵Surah Ar-Rahman 55:33-34

⁷⁶Ahmad ibn Hambal ash-Shaybaani, is the scholar to whom the Hambali school of thought is attributed. He was born in Baghdad in the year 778CE. Ahmad studied Fiqh and Hadith science under Imam Abu Yusuf the famous student of Abu Hanifee as well as under Imam ash-Shafi'ee himself. He died in the year 855CE.

CHAPTER TWELVETHE INSTINCT OF GHAIROH (I.E. JEALOUSY)
AND HAVING A SENSE OF HONOUR, SELF-RESPECT

To feel jealous over your loved ones is an inherent quality which was placed in us by Allah Ta'ala. This instinct was given to us by Allah in order to safeguard our honour, dignity, prestige and lineage. Both our honour and lineage are sacred in Islam.

One of the rights of our wives over us is that we should be jealous over them. A man who is not jealous over his wife is called a Daiyouth⁷⁷. Such a man is cursed by Allah and His Messenger. This man has become the lowest of the low because the quality of jealousy is found even in dogs. There are many traditions of the Holy Prophet ﷺ cursing the man who has no jealousy, such as, "On the authority of Bara'a Ibn 'Azib the Messenger of Allah has said, *'Ten people of this Ummah have perpetuated grave acts of disbelief. 1) A murderer, 2) a magician, 3) a Daiyouth, 4) a man who cohabits with his wife in the anus, 5) a man who refuses to pay the Zakah, 6) a person who had an ample opportunity to make Hajj and died without making it, 7) a man who takes intoxicants, 8) a man who leaves his home for the purpose of spreading mischief among the people, 9) a person who sells weapon at the time of an unholy war and 10) a person who commits incest'*"⁷⁸.

In the above Hadith the Prophet ﷺ has cursed the Daiyouth because he has lost his inherent quality of being jealous. The Arabic word 'ghairah' which means jealousy is a comprehensive word which also carries the following meaning, honour, dignity and self-respect. Hence when a person lost his

⁷⁷ The Arabic word Daiyouth means a man who has lost his jealousy, honour and dignity. Such men do not care to see their wives and daughters go without hijabs. Neither do they care to see their daughters involving in haram relationships.

⁷⁸ See Zaadul Mu'aad by Ibn Qayyim al-Jawziya Vol. 4 p260

ghairah he has lost not only his jealousy but also his sense of honour and dignity.

There are many Ahadith commenting on the goodness of being jealous, among them are:

"The Sahabi Sa'd Ibn 'Ubada said, 'If I saw a man with my wife I would strike him (behead him) with the blade of my sword'. This news reached Allah's Apostle who then said, 'You people are astonished at Sa'ad's Ghairah (jealousy), by Allah I have more ghairah than he, and Allah has more ghairah than I, and because of Allah's ghairah he has made unlawful shameful deeds and sins'"⁷⁹.

The Holy Prophet ﷺ said, "Allah has a sense of jealousy, ghairah, which is provoked when a believer does something which Allah has prohibited"⁸⁰.

The Prophet ﷺ said, "I entered paradise and saw a palace and asked, 'Whose palace is this', they (the angles) replied, 'This palace belongs to Umar bin Al-Khattab'. I intended to enter it and nothing stopped me except my knowledge about your sense of ghaira (self-respect) O Umar". Umar said, "O Allah's Apostle, let my father and mother be sacrificed for you! O Allah's prophet! How dare I think of my ghaira (self-respect) being offended by you"⁸¹.

Narrated A'isah رضي الله عنها, "I never felt such ghairah (jealousy) of any of Allah's Apostle's wives as I did of Khadija because Allah's Apostle used to remember and praise her abundantly and because it was revealed to Allah's Apostle that he should give her (Khadija) the good tidings of her having a palace of silver and gold in paradise"⁸².

⁷⁹Sahih al-Bukhari (Arabic/English) Vol. 9 p378 No.512

⁸⁰Sahih al-Bukhari (Arabic/English) Vol. 7 p.111 No.150

⁸¹Sahih al-Bukhari (Arabic/English) Vol. 7 p113 No.153

⁸²Sahih al-Bukhari (Arabic/English) Vol. 7 p115 No.156

Even though the quality of being jealous over one's wife is a noble quality which is inherent and thus it is found in every decent man. There are people today who are devoid of this noble quality. The Shaitaan has removed from them this natural instinct, hence turning them into Daiyouths. Some of these men are so low and base they take their wives to orgies and practice swinging and wife swapping. That which also contributes to their loosing of this vital instinct of jealousy is the eating of the swine flesh which many of them are heavily engaged in. The pig is an animal that has no sense of shame nor jealousy. Unlike the bull or the ram, they have intense jealousy. Whenever a person eats pork, the blood of the pig enters in to his blood stream thus causing him to behave like the pig; devoid of a sense of shame, honour and jealousy. This is the case because you are what you eat, you are what you read, you are what you listen to, you are what you see and you are like the company you choose to associate with.

CHAPTER THIRTEEN

THE INSTINCT OF WANTING TO DEFEND ONESELF

To defend oneself against oppressors, aggressors and assailants is also an inherent quality in us all. Allah gave us this natural instinct so that we will not allow others to use, misuse and abuse us. We are all living in a cruel and selfish world. A world where people will not hesitate to exploit others for their own selfish ends.

Today the world is filled with tyranny and oppression, all because men refuse to acknowledge the rights of others. This was expected because if man does not give Allah his right, which is Islamic monotheism then it becomes impossible for him to give a fellow human being his rights. Thus Allah said,

 وَمَن لَّمْ يَعْلَمْ كُنْتَ بِمَا أَنْزَلَ اللَّهُ فَأُولَئِكَ هُمُ الظَّالِمُونَ

"Verily those who do not judge by what Allah has revealed are indeed oppressors"⁸³.

Since we are all living in a heartless and cruel world the only way we can survive is for us to utilise our natural instinct of fighting back and defending ourselves. i.e. Jihad. The law of nature says you have to resist in order to exist. We should not entertain the idea that Jihad is only defensive. In fact the best form of defence is for you to launch an offensive against the potential aggressor. It is for this reason why the Holy Prophet Muhammad ﷺ launched an offensive against the tribe of Banu Mustaliq and defeated them. Upon hearing that they were making the preparations to attack the Muslims the Prophet did not wait in Madina for them to attack, instead he launched an offensive against the potential aggressors and won a decisive victory against

⁸³Surah al-Ma'ida 5:45

them⁸⁴.

This vital instinct is also present in animals, hence they defend themselves by kicking, biting, stinging, pecking, constricting and so on.

The Shaitaan and his henchmen are striving earnestly to deny the believers the will and the way of utilising this vital instinct. The kafirs invade Muslim lands and kill them and when they defend themselves they brand them as fanatics and terrorists. The kafir forces in the world today are united in their aim and objective of depriving the Muslims of weapons that are necessary to defend themselves. This is exactly what we have witnessed with their policies on Bosnia, Kashmir, the Philippines and everywhere else.

As we can see every country has an army and constantly they are striving to upgrade their arsenals to the latest technology. All this is a result of man's inherent instinct of wanting to defend himself.

Whenever we give up the duty of defending ourselves with Jihad, we ultimately become the lowest of the low because defending ourselves entails defending our lives, properties, families, honour and dignity⁸⁵. The abandonment of Jihad results in, the Shaitaan and his henchmen having the upper hand over the believers. Consequently this leads to the suppression of truth, a rapid growth of evil, such as tyranny, corruption and terror. This pathetic state constitutes the ultimate humiliation of the Muslims who are supposed to be the leaders of men on earth by establishing Allah's heavenly revealed laws, Shari'ah. In regards to us and the danger of giving up Jihad the holy prophet has said:

"All the people of the world will soon summon one another to attack you as people gather around a table when

⁸⁴ See As-Seerah An-Nabawiyah by Ibn Hisham Vol. 2 p.290

⁸⁵ For further reading on this topic, see "Defence of the Muslim Lands" and "Join The Caravan" by Sheikh ash-Shaheed 'Abdullah 'Azzam.

invited to part take of its meal', Someone asked, 'will that be because of our small numbers at that time?', he replied, 'No, you will be numerous at that time but you will be scum and rubbish like that carried down by a torrent, and Allah will take fear from the breast of your enemies and cast "wahn" into your hearts'. Someone asked, 'What is "wahn" O messenger of Allah', 'He replied, 'Love for the world and dislike of death'”⁸⁶.

In this regard Allah said,

يَأَيُّهَا الَّذِينَ آمَنُوا هَلْ أَدْلَكُكُمْ عَلَى بَصَرِّكُمْ كُمْ مَنْ عَذَابُ أَنِّيمٍ ۝ تَوْمَنُونَ بِاللَّهِ وَرَسُولِهِ وَجَهَدُونَ فِي سَبِيلِ اللَّهِ يَأْتُوكُمْ وَآنفُسُكُمْ ذَلِكُمْ خَيْرٌ لَّكُمْ إِنْ كُنْتُمْ تَعْمَلُونَ ۝ يَغْفِرُ لَكُمْ ذُنُوبَكُمْ وَيَدْخُلُكُمْ جَنَّاتٍ مِّنْ تَحْيَا الْأَنْهَارُ وَمُسْكِنٌ طَيِّبَةٌ فِي جَنَّاتٍ عَذَنِ ۝ ذَلِكَ الْفَوْزُ الْعَظِيمُ ۝ وَأَخْرَى تُبَهُونَهَا نَصْرٌ مِّنَ اللَّهِ وَفُتحٌ قَرِيبٌ وَشَرِيكٌ لِّلْمُؤْمِنِينَ ۝

"O you who believe shall I lead you to a bargain that will save you from a grievous chastisement? That you believe in Allah and His messenger, and that you wage Jihad in the cause of Allah, with your wealth and your possessions: That will be best for you if you but knew!

He will forgive you your sins, and admit you to gardens beneath which rivers flow, and to beautiful mansions in paradise for eternity: That is indeed the supreme triumph. And another favour will He bestow which you do love, help from Allah and speedy victory. So give glad tidings to the believers"⁸⁷.

Not only the kafirs vehemently preventing the Muslims from defending themselves with Jihad, but they have also infiltrated the Ummah with deviant and hypocritical groups who work diligently to undermine Jihad with erroneous doctrines.

⁸⁶Sunnan Abu Dawud English Trans. Vol. 3 pp. 1196 No.4284

⁸⁷Surah As-Saff 61: 10 - 13

Therefore some preach that Democracy is the way forward, while others say "no Jihad unless you have a caliph". Others also claim that a person cannot make Jihad until he is firmly grounded in knowledge. It is incumbent upon all the Muslims to expose these hypocritical groups because they are the greatest enemies of Islam and Muslims.

CHAPTER FOURTEEN

THE INSTINCT OF LOVING WEALTH AND FEARING POVERTY

Allah Ta'ala has given us the natural instinct of loving wealth, possessions and properties for various reasons. The most important are:

For us to be ambitious and progressive in life, hence Allah said,

وَابْتَغِ فِيمَا آتَيْنَاكَ اللَّهُ أَنْذَارُ الْآخِرَةِ وَلَا تَنْسِ نَصِيبَكَ
 مِنَ الدُّنْيَا وَأَحْسِنْ كَمَا أَحْسَنَ اللَّهُ إِلَيْكَ وَلَا تَبْغِ الفَسَادَ
 فِي الْأَرْضِ إِنَّ اللَّهَ لَا يُحِبُّ الْمُفْسِدِينَ



*"But seek the abode of the Hereafter with the wealth that Allah has bestowed on you, and do not forget your share in this world, and be kind to others just as Allah has been kind to you, and seek not corruption in the earth.
Lo! Allah loves not corrupters"*⁸⁸.

We were instructed in this Qur'anic verse as to the correct attitude we should have towards wealth. So we were told by Allah to use our wealth as a means of doing righteous deeds and thus inherit the paradise. Additionally we were told not to neglect our portion of wealth from this world and upon acquiring it we should not use it to spread mischief and corruption on the earth, as is the case with wealthy people who have no piety.

The other reason why Allah Ta'ala has given us this natural instinct is to test us to see which of us is best of conduct. Thus Allah Ta'ala said,

⁸⁸Al-Qisas 28 : 77

إِنَّا جَعَلْنَا مَا عَلَى الْأَرْضِ زِينَةً هُنَّا لِتَبْلُو هُنْ أَيُّهُمْ أَحْسَنُ عَمَلاً

"Lo! We have placed on earth all manner of ornaments to test Mankind and to see which of them is best in conduct"⁸⁹.

Wealth is a test from Allah Ta'ala. However it becomes a source of blessing whenever its owner utilises it righteously. Most rich people find it difficult to behave properly upon acquiring wealth. Thus they are given to greed, pride, lust, fighting the truth and so on. In this regard the Holy Prophet ﷺ has said, "On the night of Mi'raj (ascension) when I stood at the gate of paradise, I observed that the bulk of those who entered it were poor people. The rich people had been refused entry. Thereafter people condemned to hell were ordered to be flung there in, and I noticed that the majority of those who entered it were women"⁹⁰.

On the authority of Abu Sa'id Al-Khudri رضي الله عنه relates that the Holy Prophet ﷺ has said, "A debate took place between the Heaven and the Hell. The Hell said, 'In me shall enter the tyrant and the arrogant persons', and the Heaven said, 'In me shall enter the weak and the poor people'. Allah decided the issue by saying, 'You are Heaven, my mercy through you, I shall have mercy on whomsoever I please; and you are Hell, a place of punishment, through you I shall chastise whomsoever I like. It is incumbent upon me to fill both of you"⁹¹.

Allah Ta'ala has confirmed in many Qur'anic verses that man naturally loves wealth, women and offspring. Thus Allah said,

⁸⁹Surah Al-Kahf 18 : 7

⁹⁰Sahih Bukhari (Arabic/English) Vol. 6 p.354 No.373

⁹¹Sahih Bukhari (Arabic/English) Vol. 6, p.354 No. 373

رَبِّنَا لِلنَّاسِ حُبُّ الْشَّهَوَاتِ مِنْ أَلْسَكَاءِ وَالْبَنِينَ وَالْقَنَطِيرِ الْمُقْنَظَرَةِ
مِنْ الْذَّهَبِ وَالْفُضَّةِ وَالْخَيْلِ الْمُسَوَّمَةِ وَالْأَنْعَامِ وَالْحَرَثِ ذَلِكَ
مَتَكِّعُ الْحَيَاةُ الدُّنْيَا وَاللَّهُ عِنْدَهُ هُنَّ بِالْمَعَابِ

"Men are tempted by the pleasures that come from women and offspring and stored-up heaps of gold and silver and horses branded for their excellence and cattle and land.

That is comfort of the life of this world. Allah! with Him is a more excellent abode" ⁹².

This instinct manifests itself in us from a very tender age, in that a child who is two or three years old hangs on to his toys. He even cries whenever another child tries to take his toys away from him or misappropriates his toys. Whenever his parents take him to shopping or the market place he stops them frequently and draws their attention to clothes, toys and other material things. When this child becomes an adult, if he does not believe in Allah and have Taqwa (piety) he becomes unscrupulous, heartless and cruel in his endeavour to acquire wealth. In this regard Allah Ta'ala said,

إِنَّ الْإِنْسَانَ لِرَبِّهِ لَكَنُودٌ  وَإِنَّهُ عَلَى ذَلِكَ لَشَهِيدٌ 
وَإِنَّهُ لِحَبِّ الْخَيْرِ لَشَهِيدٌ

"Lo! Man is ungrateful to his Lord. And to that fact he bears witness (by his deeds). And verily he is heartless and cruel in the love of wealth" ⁹³.

Only the God-fearing has the ability to behave properly towards wealth, i.e. correct acquisition and spending. Islam regulates man's behaviour and attitude towards wealth with heavenly revealed laws. The Zakah system purifies our hearts

⁹²Surah Aal- Imran 3 : 14

⁹³Surah Al-Aadilayat 100 : 6-8

from greed, avarice and selfishness. The Holy Prophet ﷺ has commanded us to earn our wealth lawfully thus he said, "*Allah's servant will not be given the privilege of entering the paradise on the day of judgement until he is asked about four things:*

1. *His life span, how he passed it,*
2. *His knowledge for what purposes did he use it,*
3. *His wealth, how did he earn it and in what way did he spend it and,*
4. *His body, for what things did he exhaust it*"⁹⁴.

The man-made systems of capitalism, socialism and communism have failed miserably to regulate man's instinct of loving wealth. In capitalist societies people pay attention to the life of this world and forget the Hereafter. They live for the sake of money, technology and pleasures of the flesh. The system uses the media to portray Hollywood role models for the youths to emulate. Those role models lead a life of luxury, lust and ungodliness. The youngsters of these capitalist societies feel obliged to imitate their Hollywood idols and whenever they do not have the means of doing so they become frustrated and turn to crimes like fraud, cheating, selling drugs, stealing, burglary, robbing and prostitution. In regards to this the Holy Prophet ﷺ has said,

*"Let the slave of Dinar and the Dirham, of Qatifah and Khamisa (i.e. money and luxurious clothes) perish (in his misery) because he is pleased if these things are given to him and if not he becomes miserable and frustrated"*⁹⁵.

In the above Hadith the Holy Prophet ﷺ has told us that the worshipper of wealth and luxury leads a miserable and wretched life. Whenever he is given these things he is pleased and whenever he is denied he becomes depressed. In the capitalist societies the people have been reduced to the level of

⁹⁴Related by At-Tirmidhi No. 2417 (Classified Sahih)

⁹⁵Sahih Bukhari (Arabic/English) Vol. 4 p.88 No.137

economic animals, living only for the sake of money, technology and the pleasures of the flesh. They ignore the spiritual aspect of life thus causing their societies to become saturated with all the crimes and ills under the heavens. With this we can safely conclude that Democracy and Capitalism are short lived and their demise is inevitable. Hence Allah said,

قالَ آهِيْطَا مِنْهَا جَحِيْمًا بَعْضُكُمْ لَيَعْصِمُ عَدُوُّهُ فَإِمَامًا يَا ثَيَّبَةَ كُمْ
مِنْهُ هُدَى فَمَنِ اتَّبَعَ هُدَى فَلَا يَضُلُّ وَلَا يَشْقَى ﴿١٢٣﴾ وَمَنْ أَعْرَضَ
عَنْ ذِكْرِي فَإِنَّ لَهُ مَعِيشَةً ضَنْكاً وَخَسْرَةً يَوْمَ الْقِيْمَةِ أَعْمَى ﴿١٢٤﴾

"Get you down (upon the earth) both of you, together from heaven and may your offspring be enemies to each other. When my guidance is revealed to you, he that follows it shall neither go astray, nor fall into distress and misery. But whosoever turns away from my warning, verily for him is a life of stress, and we shall raise him up blind on the Day of Resurrection" ⁹⁶.

The communist system was expected to perish since they too like their capitalist counterparts have denied the natural instinct of worshipping Allah, instead they both worship materialism. Additionally the Communist have sealed their fate by also denying man his right to utilise his natural instinct of wanting to own properties, claiming that every thing is state owned. Every other man-made system is short lived because in one way or the other they are all in conflict with our natural instincts. Hence the people who live under these systems live a life of misery, stress and mental depression. Since all man-made systems have proven to be inadequate and thus failed the people

⁹⁶Surah Taha 20 : 123 - 124

spiritually, socially, economically and otherwise, man is left with no choice but to humble himself and embrace, implement and carry out heavenly revealed laws which is al-Islam.

CHAPTER FIFTEEN

THE INSTINCT OF LOVING DELICIOUS FOOD AND DRINKS

Allah Ta'ala gave us this instinct so that we will eat right rather than abusing our bodies by eating just about anything, i.e. foods that are not nutritious. Allah wants the best for us in regards to food, clothing, shelter, guidance etc. Thus Allah said,

يَأَيُّهَا الَّذِينَ آمَنُوا إِذْ لَمْ يَرَوْا مِنْ طِبَّتِ مَا رَزَقْنَاكُمْ وَآشْكُرُوا اللَّهَ إِنْ كُنْتُمْ إِيمَانًا تَعْبُدُونَ



*"O you who believe eat of the good things where with we have provided you, and render thanks to Allah if it is (indeed) he whom you worship"*⁹⁷.

وَهُوَ الَّذِي أَنْشَأَ جَنَّتِ مَعْرُوفَةٍ وَغَيْرَ مَعْرُوفَةٍ وَشَنَّتِ وَالْتَّخَلَّ
وَالزَّرْعَ مُخْلِفًا أَكْثَرَهُ وَالرَّبُوتُ وَالرُّمَادُ مُتَشَبِّهًا وَغَيْرَ
مُتَشَبِّهًا كُلُّهُ مِنْ ثَمَرٍ وَإِذَا آتَيْتُمْ رَوَاءَ أَنْوَاحَهُ دِيْوَمَ حَصَادِهِ
وَلَا شُرْفُوا إِلَيْهِ لَا يُحِبُّ الْمُسْرِفِينَ



*"It is He who brings forth all manners of plants: creeper and upright trees. The date-palm and crops of different shape and taste (its fruits and its seeds) and olives, and pomegranates, similar (in kind) and different (in taste). Eat of their fruit when they bring fruit, and pay the Zakah thereof on the day of harvest and be not extravagant, verily He likes not the extravagance"*⁹⁸.

There are many people today that have gone astray in

⁹⁷Surah Al-Baqarah 2 : 172

⁹⁸Surah Al-An'am 6 : 141

regards to this natural instinct. There is no doubt that it is the Shaitaan who has caused them to loose their balance and go astray. There are many who loved food and drink to such an extent that it causes them to be selfish and unkind to their guests. To take care of our guests is a sign of Iman, in this regards the Holy Prophet ﷺ said, "Anybody who believes in Allah and the last day should not harm his neighbour, and anybody who believes in Allah and the last day should entertain his guest generously and anybody who believes in Allah and the last day should say what is good or keep quite"⁹⁹.

In the selfish, capitalist societies of Europe and America people find it difficult to entertain their guest. While the pagan Arabs long before the advent of Islam took pride in treating their guests generously. There are many people today who love food to the extent where they become prone to greed and over-eating, and consequently they suffer from obesity. While others, their greed and gluttony cause them to abandon fasting in the holy month of Ramadaan.

The enemies of Islam, past and present, have used food as a weapon against the believers. They think that by starving them with sanctions and embargoes they will eventually give up Islam and the implementation of the Shari'ah. It was for this reason Qur'aish imposed a three year embargo on the Holy Prophet Muhammad ﷺ and his companions in Makkah¹⁰⁰. Concerning the Shaitaan and his henchmen and their strategy of sanctions and embargo Allah Ta'ala has said,

الشَّيْطَانُ يَعِدُكُمُ الْفَقْرَ وَيَأْمُرُكُمْ بِالْفَحْشَاءِ وَاللَّهُ يَعِدُكُمْ مَغْفِرَةً
مِنْهُ وَفَضْلًا وَاللَّهُ وَاسِعٌ عَلَيْهِ

"The Shaitaan threatens you with poverty and orders you

⁹⁹Sahih Al-Bukhari (Arabic/English) Vol. 8 p.29 No.47

¹⁰⁰ See Seerah an-Nabawiyah by ibn Hisham Vol.1 p.374 - 382

to commit sins; whereas Allah promises you forgiveness from himself and bounty, and Allah is All-Sufficient for His creatures' needs, All-Knower”¹⁰¹.

وَلَا يَرْجِعُونَكُمْ حَقّ يَرْدُو كُمْ عَنِ دِينِكُمْ إِنْ أَسْتَطَعْتُمْ

“And they will not cease from fighting against you till they have made you become apostates from your religion, if they can.”¹⁰²

Since the kafirs always use embargoes as a weapon against Muslims. The believers are left with no choice but to become self-reliant in all aspects of life.

¹⁰¹ Surah Al-Baqarah 2 : 268

¹⁰² Surah al-Baqarah 2:217

CHAPTER SIXTEEN

THE INSTINCT OF WANTING TO TAKE REVENGE

Allah Ta'ala gave us this instinct in order to protect ourselves from would be oppressors. Had it not been for this instinct some people would have exterminated others. In regards to this Allah said,

وَلَوْلَا دَفَعَ اللَّهُ النَّاسَ بَعْضَهُمْ بِبَعْضٍ لَفَسَدَتِ الْأَرْضُ

*"And if Allah did not repel one set of people by means of another, the earth would indeed be full of mischief and corruption"*¹⁰³.

In any society where the system of retaliation or capital punishment is established, the murderer thinks twice before he carries out his crime. This is so because he knows that if he should kill someone the system would kill him, hence he abstains from murder and consequently he saves his life and the life of his brother. Thus Allah said,

وَلَكُمْ فِي الْقِصَاصِ حِيَاةٌ يَتَأْوِلُ إِلَى نَبْرَ لَعْنَكُمْ تَشَوُّنَ

*"And there is a saving of life for you in Al-Qisas (the law of capital punishment) O men of understanding, that you may become pious"*¹⁰⁴.

The crimes of murder, terror and violence have become rife in most countries today because the law of retaliation is simply ignored or even if it is being implemented, its implementation is carried out on the poor with the exclusion of the rich and famous. Since its a natural instinct in us to take revenge whenever any member of our family is hurt or killed by others, Allah gave us the choice of retaliation in the Qur'an.

¹⁰³ Surah Al-Baqarah 2 : 251

¹⁰⁴ Surah Al-Baqarah 2 : 179

Thus He said,

يَتَأْتِيهَا الَّذِينَ مَا مَنُوا كُثُبَ عَلَيْكُمُ الْقِصَاصُ فِي الْقَتْلِ الْحَرَبَ الْخَرَجَ وَالْعَبْدُ
بِالْعَبْدِ وَالْأُنْثَى بِالْأُنْثَى فَمَنْ عُفِيَ لَهُ مِنْ أَخِيهِ شَيْءٌ فَإِنْبَاعٌ بِالْمَعْرُوفِ
وَأَدَاءٌ إِلَيْهِ بِإِحْسَانٍ ذَلِكَ تَحْفِيقٌ مِنْ رَبِّكُمْ وَرَحْمَةٌ فَمَنْ أَعْتَدَى
بَعْدَ ذَلِكَ فَلَهُ عَذَابٌ أَلِيمٌ



*"O you who believe retaliation is prescribed for you in the matter of the murdered; The free man for the free man and the slave for the slave and the female for the female. He who is pardoned by the relatives of his slain brother shall be prosecuted according to usage and shall pay him blood money as fine. This is a merciful dispensation from your Lord. He that transgresses thereafter shall be sternly punished"*¹⁰⁵

Allah has given us the choice of retaliation so as to fulfil our natural instinct. The whole of the Qur'an was revealed to coincide with our natural instincts. Its because of this reason why Islam has gained the title "*Deenul Fitrah*" i.e. the religion that coincides with all the natural instincts of man.

In this world today there is no country that governs with the Shari'ah in its totality. Because of this there is wide spread oppression, terror and gruesome miscarriages of justice. People see every day their loved ones being killed and nothing is done about it. This occurs even in the so-called civilised nations of Europe and the rest of the developed countries. Consequently people are left with no choice but to take the law into their own hands and carry out their revenge on criminals who have offended their relatives and loved ones. This results in these societies saturated with murder and terror. If only these societies had been

¹⁰⁵ Surah Al-Baqarah 2 : 178

fair and just by implementing the law of retaliation they wouldn't have been reduced to such a low and base level where people are no longer safe in their own homes much less to be safe on the streets.

In reference to the evil and unfair practice of implementing the Shari'ah on the poor with the exclusion of the rich, the wife of the Holy Prophet ﷺ said, "*Usaama approached the Prophet ﷺ (to intercede) on behalf of a (rich) woman who had committed theft. The Holy Prophet ﷺ said, 'The people before you, were destroyed because they used to inflict the legal punishments on the poor and forgive the rich. By Him in whose hand my soul is! If Fatima (the daughter of the Prophet) did that (i.e. stole) I would cut off her hand'*".¹⁰⁶

¹⁰⁶ Sahih al-Bukhari Vol. 8 pp.512 No. 778 and No. 779

CHAPTER SEVENTEEN

THE INSTINCT OF COVERING ONE'S NAKEDNESS

Allah Ta'ala gave us this instinct for various reasons. Such as to elevate us above the animal level. Additionally to safeguard our chastity, morality and potency. I will explain in this chapter how we safeguard our potency by covering ourselves properly by Allah's will. Your clothes give you protection from harsh weather conditions. It gives you honour and dignity, defines your gender and beautifies you.

On the authority of Abu Matar who said, "*I saw Ali Ibn Abi Talib approached by a boy and they spoke for a short while. Then he bought from the boy a robe costing three dirhams. Its length was from the wrist to the ankles. He, Ali then wore it and made the following du'a, 'All praise is due to Allah who has blessed me with this garment which I used to beautify myself in front of others and cover my aura (nakedness)'. It was said to him, 'What you just recited was it from yourself or from the Prophet ﷺ'. He, Ali said, 'This du'a. I heard it from the Messenger of Allah when he was putting on his garments'*".¹⁰⁷

The above Hadith has mentioned two of the purposes that garment fulfil, beautifying ourselves and covering our nakedness.

Among the many evidences that man was created with the natural instinct of covering his aura (nakedness) is the story of our father Adam (AS) and Iblees, may Allah's curse be upon him. On narrating this unfortunate incident to us Allah said,

¹⁰⁷Related by At-Tirmidhi Hadith No. 3555. Se also Tafseer-ul Qur'an al-Atheem by Ibn Katheer Vol. 2 p.216

وَيَقَادُمُ أَسْكُنْ أَنْتَ وَزَوْجُكَ الْجَنَّةَ فَكُلَا مِنْ حَيْثُ شِئْتُمَا وَلَا تَقْرَبَا هَذِهِ الشَّجَرَةِ
فَتَكُونُا مِنَ الظَّالِمِينَ ١٩ فَوَسَّعَ لَهُمَا الشَّيْطَانُ لِيُسْبِدَهُمَا مَا وُرِيَ عَنْهُمَا مِنْ
سَوْءَاتِهِمَا وَقَالَ مَا نَهَا كَمَارِيْكُمَا عَنْ هَذِهِ الشَّجَرَةِ إِلَّا أَنْ تَكُونَا مَلَكِيْنَ أَوْ تَكُونَا
مِنَ الْمُغْلَىْدِيْنَ ٢٠ وَقَاسَمَهُمَا إِلَيْكُمَا لِمَ مِنَ النَّصْحَيْنَ ٢١ فَدَلَّنَهُمَا يُمْرُرُونَ
فَلَمَّا دَأَقَ الشَّجَرَةَ بَدَّتْ لَهُمَا سَوْءَاتِهِمَا وَطَفَقَا يَخْصِفَانَ عَلَيْهِمَا مِنْ وَرِقِ الْجَنَّةِ

"O Adam dwell you and your wife in the garden and eat thereof as you both wish, but approach not this tree otherwise you will be of the wrong-doers.

The Satan whispered suggestion to them both in order to uncover that which was hidden from them of their private parts (before); he said, "Your Lord did not forbid you this tree save you should become angels or become of the immortals.

*And he (Satan) swore by Allah to them both saying, "Verily I am one of the sincere well-wishers for you both. So he misled them with deception. Then when they tasted of the tree, that which was hidden from them of their private parts became manifest to them and they both began to cover their nakedness with the leaves of the garden"*¹⁰⁸

From the above incident related to us by Allah, we learn five important lessons:

1. Adam (AS) and his wife Hawa covered themselves with the leaves of the fig tree when their nakedness became apparent to them because it's a natural instinct in all of us to cover our aura (nakedness). Even children naturally feel shy to expose their nakedness without anyone telling them to be.
2. It is the desire of the Shaitaan and his henchmen to disgrace the believers at all times.
3. The Shaitaan loves to look at the nakedness of others therefore

¹⁰⁸Surah Al-A'raf 7 : 19 - 22

any society where the kafirs are in control that society becomes saturated with pornographic materials.

1. That its a satanic quality to swear by Allah's name and lie.
2. That the first natural instinct which is to love life and fear death is so dominant in us that even our father Adam who was a prophet of Allah was deceived by the Shaitaan with his false promise of becoming immortal if he should eat from the forbidden tree.

In the corrupted societies of the west pornographic materials are wide spread. This causes the following evil side effects:

1. A complete loss of respect for women so their male counterparts see them as mere chattels only to be used, misused and abuse.
2. It causes Zina (fornication and adultery) to become widespread, hence it destroys marriages and spreads diseases.
3. It turns men into rapists because of their low opinion about women.
4. It causes children to experiment with sex from an early age, thus unwanted teenage pregnancies become rife.
5. It destroys men psychologically; by them being in an environment where they are bombarded with nude pictures and women walking the streets naked. This abnormal situation causes them to loose curiosity and anxiety of exploring a woman's body and consequently they have grave problems in having an erection for their wives. Therefore nudity destroys a man psychologically and causes him to loose his sexual potency. This is one of the many reasons why Allah Ta'ala the All-Mighty, the All-Wise has forbidden women to expose their aura^{*} to men other than their husbands.
6. Another evil side effect of nudity is that it causes the people to

* The part of her body which she naturally feels ashamed to expose to strangers, i.e. hair, ear, neck bottom and foot calves.

loose their sense of shame. Many people men and women alike are being paid large sums of money to appear naked in dirty magazines. The people who appear in these magazines have sold their honour dignity and prestige for a miserable price.

7. Pornography promotes vices like incest, lesbianism, homosexuality, child abuse, bestiality and anal sex, hence causing the people to commit these crimes and perversions.
8. Pornography kills the vital instinct of jealousy which is found even in dogs.
9. Pornography is used by the henchmen of the Shaitaan as a weapon of classical conditioning, i.e. to systematically reduce the population of becoming the lowest of the low. Thus Allah said,

لَقَدْ خَلَقْنَا الْإِنْسَنَ فِي أَحْسَنِ تَقْوِيمٍ ۖ ثُمَّ رَدَّنَاهُ أَسْفَلَ سَبْطَلِينَ
ۗ إِلَّا الَّذِينَ آمَنُوا وَعَمِلُوا الصَّالِحَاتِ فَلَهُمْ أَجْرٌ غَيْرُ مُتُونٍ
ۚ

"Verily we created man in the best stature (mould). Then we reduced him to the lowest of the low. Save those who believe (in Islamic monotheism) and do righteous deeds, for they shall have an everlasting reward (paradise)"¹⁰⁹

In regards to anal sex, the Holy Prophet ﷺ has said, "Any one who goes to a soothsayer and believes in him, or enters a woman in the anus has rejected faith in what was revealed to Muhammad ﷺ".¹¹⁰

¹⁰⁹ Surah At-Teen 95 : 4 - 6

¹¹⁰ Musnad Ahmad Vol. 1 p. 86

CHAPTER EIGHTEEN

THE INSTINCT OF LOVING AND HATING FOR THE SAKE OF ALLAH

Whenever a person believes in Allah and His Messenger ﷺ and loves Islam the religion of Allah, the believer as a result of his faith loves those who believe in Islam regardless of their race, language or nationality. Whenever the believer meets people who reject faith in Allah or His messenger Muhammad ﷺ or Islam, he abhors such people even though they may be his own family members.

This natural instinct is acquired. You acquire it after you become a true believer in Islam. This is called *Al-Walaa' Wal-Baraa'* i.e. loving and hating solely for the sake of Allah.

In regards to this Allah said,

لَا يَحِدُّ قَوْمًا يُؤْمِنُونَ بِاللَّهِ وَالْيَوْمِ الْآخِرِ يُوَادُّونَ مَنْ حَادَ اللَّهَ
وَرَسُولَهُ وَلَوْ كَانُوا أَبَاءَهُمْ أَوْ أَبْنَاءَهُمْ أَوْ إِخْرَانَهُمْ
أَوْ عَشِيرَتَهُمْ أَوْ لَيْكَ كَتَبَ فِي قُلُوبِهِمْ الْإِيمَانُ وَأَيَّدَهُمْ بِرُوحٍ
مِّنْهُ وَيُدْخِلُهُمْ جَنَّاتٍ تَجْرِي مِنْ تَحْتِهَا الْأَنْهَارُ خَلِيلِينَ فِيهَا
رَضِيَ اللَّهُ عَنْهُمْ وَرَضِيَ عَنْهُمْ أَوْ لَيْكَ حِزْبُ اللَّهِ أَلَا إِنَّ حِزْبَ اللَّهِ هُمْ
الْمُفْلِحُونَ



"You will not find any people who believe in Allah and the Last Day, making friendship with those who oppose Allah and His Messenger Muhammad ﷺ even though they were their fathers, or their sons, or their brothers, or their clan. For such he has written faith in their hearts, and strengthened them with a spirit from himself (i.e. true guidance). And We will admit them to

gardens under which rivers flow, to dwell therein forever. Allah is pleased with them and they with Him. They are Hizbul-lah (the party of Allah). Verily it is the party of Allah that will be successful”¹¹¹

We acquire Iman (faith) by acquiring knowledge and consequently our faith enables us to practice *Al-Walaa’ Wal Baraa’*.

Narrated Anas: “The Prophet ﷺ said, ‘Whoever possesses the following three qualities will have the sweetness of Iman (faith):

1. *The one to whom Allah and His messenger become dearer than anything else.*
2. *Who loves a person and he loves him solely for Allah’s sake.*
3. *Who hates to revert to kufr (disbelief) as he hates to be thrown into the fire’”¹¹²*

Al-Wala wal-Bara is one of the seven conditions of Shahaada, therefore your Shahaada becomes valid upon practising this tenet. The Sahaaba fought and killed their own relatives at the battle of Badr because they all practised this tenet. One of the main reasons why the Muslims today are unsuccessful is because we love the kafirs and abhor each other. Not until we practice al-Wala wal-Bara we will never reap the fruits of success like our righteous predecessors.

¹¹¹Surah Al-Mujaadalah 58 : 22

¹¹²Sahih Al-Bukhari (Arabic/English) Vol. 1 p.20 No.15

CHAPTER NINETEEN

ISLAM AND OUR NATURAL INSTINCTS

Islam is called Deenul-Fitrah, i.e. the only religion that coincides with man's natural instincts. For example Islam encourages us to get married in order to regulate the instinct of being attracted to the opposite sex, as oppose to some religions which forbid their priests and monks from getting married thus causing these men to lead a life of frustration and perversion. Not only did Islam encourage us to get married but it recognises the reality that most men are polygamous by nature and thus it allows us to marry up to four wives, providing that we have the means to maintain them and we are able to treat them equally. Allah Ta'ala allows all this so as to make His religion conforms with our natural instincts.

Allah Ta'ala the All-Wise knows that we naturally love wealth so he makes trading lawful so as to enable us to possess wealth and properties. Likewise he has made Jihad and retaliation incumbent on us since its our natural instinct to take revenge and to defend ourselves against tyrants and aggressors.

It is because of this fact (i.e. Islam totally confirms with all of our natural instincts) why its the fastest growing religion in the world today.

It is because of this fact why Islam is inevitably the religion of the future. In reference to this Allah said:

وَهُوَ الَّذِي أَرْسَلَ رَسُولَهُ رَبِيعَ الْمَدْعَى وَدِينَ الْحَقِّ لِيُظَهِّرَهُ عَلَى الَّذِينَ كَفَرُوا وَلَنْ يَكُونَ الْمُشْرِكُونَ

"He it is that has sent His Messenger with the divine guidance and the religion of truth, that He may make it the conqueror of all the other religions however much the idolaters may be averse to it."

يُرِيدُونَ لِيُطْفَلُوا نُورَ اللَّهِ بِأَفْوَاهِهِمْ وَاللَّهُ مُتَمَّنٌ نُورٌ وَلَوْكَرَةُ الْكُفَّارُونَ

*"They intend to put the light of Allah (i.e. the religion of Islam, Qur'an and the Prophet Muhammad ﷺ) with their mouths. But Allah will complete His light even though the rejecters, hate (it). "*¹¹³

¹¹³ Surah as-Saff 61:8-9

CHAPTER TWENTY

THE SHAITAAN AND OUR NATURAL INSTINCTS

When Allah Ta'ala cursed and casted the Shaitaan out of the garden he developed a permanent grudge and enmity towards Adam and his descendants. Hence he promised Allah Ta'ala that he will mislead us in regards to our natural instincts by instilling in us perverted desires.

In reference to this Allah said,

لَقَدْ هُنَّ أَنْعَمٌ وَقَالَ لَا تَخِذَنَّ مِنْ عِبَادِكَ نَصِيبًا
مَفْرُوضًا ۝ وَلَا أُضْلِنَّهُمْ وَلَا مُنِيبُهُمْ

"Allah cursed him and he Shaitaan said, 'I will take an appointed portion of your slaves. Verily I will mislead them and I will arouse in them corrupted desires'"¹¹⁴

قَالَ فَيَعْزِزُنِي لَأَغْوِنَهُمْ أَجْمَعِينَ ۝ إِلَّا عِبَادُكَ مِنْهُمْ
الْمُخْلَصُونَ ۝

*"By Your power I will seduce all of them except Your sincere servants"*¹¹⁵

Allah confirmed that the Shaitaan would achieve success:

وَلَقَدْ صَدَقَ عَلَيْهِمْ إِبْلِيسُ ظَنَّهُ فَاتَّبَعُوهُ إِلَّا فَرِيقًا
مِنَ الْمُؤْمِنِينَ ۝

*"Iblees proved his ideas to be true on them and they all followed him except a group of the believers"*¹¹⁶

¹¹⁴Surah An-Nisaa 4 : 118 - 119

¹¹⁵Surah Saad 38 : 82 - 83

The Shaitaan leads them astray by instilling in them false desires. Thus he makes them misappropriate their natural instincts by making them deny them or some of them. Or by making them transgress all bounds in their endeavour to fulfil these instincts. In this chapter I will explain how the Shaitaan has carried out his threat of leading us astray by causing us to misappropriate our natural instincts.

As for the first natural instinct which is to love life and fear death, the Shaitaan used this instinct to turn many people into cowards, to the extent where they turn their backs on Jihad which is the sixth pillar of Islam. Hence there are Muslims today who dislike the mentioning of the word "Jihad" in their presence. They claim that there is no need for Jihad today because we can assume power by the use of democratic means i.e. ballot box. These gullible and unwise Muslims do not realise that the only language the kafirs respect is Jihad. If democracy was the way forward why did the kafirs in Algeria not give the Muslims the power when they won a landslide victory in the general elections in 1991 ? ! !

On the authority of Imraan Ibn Hussain, may Allah be pleased with him who said, "*The messenger of Allah ﷺ said, 'A group of people from my Ummah will continue to fight for the sake of the truth until the last of them fights the Dajjal'*"¹¹⁶

The above Hadith of the Prophet ﷺ states that a group of Muslims will always be fighting for the truth. This means that Jihad cannot be replaced by any other methodologies, for establishing the truth. If there was any other way which was more effective than Jihad, the believers would have used it. The mere fact that they will use Jihad until the last days means that it is an indispensable means of establishing and upholding the truth and suppressing falsehood.

¹¹⁶Surah As-Saba 34 : 20

¹¹⁷Related by Al-Hakim in his book Al-Mustadrak Vol. 4 p.450. Classified Sahih according to the condition of Muslim and accepted by Adh-Dhahabi.

As for the instinct of distinguishing between good and evil, the Shaitaan has caused some people to loose their conscience so they no longer see good as good nor evil as evil. The most evil of actions like lying, dishonesty, nudity, fornication, adultery, lesbianism and homosexuality are no longer considered evil in many societies today. While noble actions and traits like piety, honesty, humility, fairness and modesty are considered backward through out the whole world today. This is so because the Shaitaan has the ability to make the most shameful deeds fair-seeming. Hence Allah said about the kafirs and Iblees:

وَزَيَّنَ لَهُمُ الشَّيْطَانُ مَا كَانُوا يَعْمَلُونَ ﴿١٨﴾

*"And the Shaitaan made fair-seeming to them that which they used to do"*¹¹⁸

The people of Lut who were practising homosexuality were so evil that they saw marriage as something unpleasant and abhor it. They even strive to drive out all the married couples out of their township because the Shaitaan had convinced them that homosexuality was the norm while heterosexuality was abnormal. On commenting on their appalling situation, Allah said:

وَلُوطًا إِذْ قَالَ لِقَوْمِهِ أَتَأْتُونَ الْفَحْشَةَ مَا سَبَقَكُمْ بِهَا مِنْ أَحَدٍ مِّنَ
الْعَالَمِينَ ﴿٨٠﴾ إِنَّكُمْ لَتَأْتُونَ الرِّجَالَ شَهْوَةً مِّنْ دُورِ النِّسَاءِ بَلْ أَنْتُمْ
قَوْمٌ مُّشَرِّقُونَ ﴿٨١﴾ وَمَا كَانَ جَوَابَ قَوْمَهُ إِلَّا أَنْ قَالُوا
آخِرُ جُوْهُمْ مِّنْ قَرَيْتَكُمْ إِنَّهُمْ أَنَاسٌ يَنْظَهِرُونَ ﴿٨٢﴾

"And remember Lut when he said to his people: 'Do you commit the worse sin such as none preceding you has committed in the creation i.e. (Mankind and Jinns)

Verily you practice your lust on men instead of women. Nay

¹¹⁸Surah Al-An'am 6 : 43

but you are a people transgressing beyond bounds'. And his people gave no answer but this, they said, 'Drive them out of your city, these are indeed men who want to be pure and clean from sins'"¹¹⁹

The societies of Europe and America are the new Sodom and Gomorra of today. They have used their televisions, radios, newspapers and magazines to portray evil as good and good as evil. On many occasions they have voiced their concerns about the ever growing number of Muslims in Europe and America. This is so because they do not want any form of piety in their societies the way the people of Lut did not want any righteousness in Sodom and Gomorra.

The people of Lut requested that the married couples should be thrown out of the town because they desired to be pure and clean from sins. Likewise the Europeans are requesting that their societies be free from righteousness, Islam or any form of piety. It is for this reason they were so demonstrative in their hatred for us with their policy on Bosnia. They placed an arms embargo on the Muslims in order that they will be completely slaughtered out. While they allowed weapons of mass destruction to go to the Serbs. I hope this will drive home to us Muslims the dire necessity of an Islamic state that will be a safe haven for all the believers from all over the world.

As for the instinct of loving one's country, the Shaitaan has used it to turn many people into nationalists thinking that they are superior to others by the virtue of their nationality. Many Muslims today are suffering from this chronic disease of nationalism which is kufr. I have met many nationalistic Muslims who I always ask a simple question, '*Can your passport take you to paradise ?*', they always answer in the negative, so I always say to them, what gives you the right to brag about your nationality or race when Allah said in the Holy Qur'an:

¹¹⁹Surah al-A'raaf 7:80-81

إِنَّ أَكْرَمَكُمْ عِنْدَ اللَّهِ أَنْفَقُكُمْ إِنَّ اللَّهَ عَلَيْهِ خَيْرٌ
١٣

*"Verily the most honourable of you in the sight
of Allah is he who is most righteous"*¹²⁰

The only way and means of stamping out the disease of nationalism is the establishment of the Islamic Caliphate. This is so because the Ummah will be governed with one central government with representatives being sent to each country as governors to rule under instructions from the caliph. Rather than having each country governing itself as a separate entity with no form of accountability to a caliph, as is the case today.

¹²⁰Surah Al-Hujaraat 49 : 30

CHAPTER TWENTY-ONETHE KAFIRS AND NATURAL INSTINCTS

Unfortunately the world today is being governed by the Kafirs. Therefore the television, radios, newspapers, magazines as well as the national curriculum of the educational system is all but in their hands. The kafirs are the henchmen of the Shaitaan. Hence, Iblees continuously inspires them to implement his satanic system on earth. In this regard Allah said:

وَكَذَلِكَ جَعَلْنَا لِكُلِّ نَبِيٍّ عَدًّا وَشَيْطَانَ الْإِنْسَانَ وَالْجِنِّ يُوحِي بَعْضُهُمْ
إِلَى بَعْضٍ رُّحْرُفَ الْقَوْلَ عَزِيزًا وَلَوْشَاءَ رَبِّكَ مَا فَعَلُوهُ فَذَرْهُمْ وَمَا
يَقْرُونَ ﴿١١٧﴾ وَلَنَصْبِعَ إِلَيْهِ أَفْعَدَهُ الَّذِينَ لَا يُؤْمِنُونَ
بِالآخِرَةِ وَلِرَضْوَهُ وَلِيَقْتَرِفُوا مَا هُمْ مُفْتَرِفُونَ

"Likewise did we appoint for every messenger an enemy, Satan from among Mankind and Jinns, inspiring one another with flowery speech by way of deception. If your Lord had so willed, they would not have done it, so leave them alone with their falsehood."

*And this is in order that the hearts of those who disbelieve in the hereafter may incline to such deceit and that they may remain pleased with it, and that they may commit what they are committing (all kinds of sins and evil deeds etc.)"*¹²¹

In the above two Ayat Allah has made it clear to us that Iblees inspires his henchmen to carry out his satanic program on earth. Therefore you will find that the stance of the kafirs in regards to our natural instincts is exactly similar to that of the Shaitaan. They either deny some of their instincts like the priests,

¹²¹Surah Al-An'am 6 : 112 - 113

monks and nuns, or they become over indulgent in them like the lascivious person. The kafirs also use classical conditioning to make the population loose their natural instincts. So they have used their media to cause the people to loose their sense of shame, jealousy, conscience; so they no longer see good as good nor evil as evil. They also use natural instinct to make money. The instinct to fear harm, danger and death; they make money with it by the way of horoscopes and insurance policies. The instinct to be attracted to the opposite sex; they use pornography and brothels to make money from this instinct. How can the kafirs expect their civilisation to last when evil, corruption and perversion is the order of the day?

CHAPTER TWENTY-TWO

THE SAHAABA AND NATURAL INSTINCTS

It is rather incumbent upon me to relate how the noble companions of our beloved Prophet Muhammad ﷺ behaved in regards to their natural instincts. This is so because they were classified by Allah and his messenger as the best of men to ever walk on this earth. Thus Allah said:

كُنْتُمْ خَيْرَ أُمَّةٍ أَخْرِجَتْ لِلنَّاسِ تَأْمُرُونَ بِالْمَعْرُوفِ وَنَهَايُونَ عَنِ الْمُنْكَرِ وَتَوَمُّنُونَ بِإِلَهٍ

*"You are the best of peoples ever raised up for Mankind; you enforce the right and you forbid the wrong and you believe in Allah"*¹²²

وَالسَّيِّقُوتُ الْأَوَّلُونَ مِنَ الْمُهَاجِرِينَ وَالْأَنْصَارِ وَالَّذِينَ اتَّبَعُوهُمْ
يَأْخُسِنُونَ رَضِيَ اللَّهُ عَنْهُمْ وَرَضُوا عَنْهُ وَأَعْدَ اللَّهُمْ جَنَّاتٍ تَجْرِي مَحْتَهَا
الْأَنْهَرُ خَلِيلِيْنِ فِيهَا أَبَدًا ذَلِكَ الْفَوْزُ الْعَظِيمُ

“And the first to embrace Islam of the Muhajiroon (the emigrants) and the Ansaar (the helpers) and also those who followed them exactly in faith. Allah is well pleased with them and they are well pleased with him. He has prepared for them gardens under which rivers flow (paradise), to dwell therein forever. That is the supreme success”¹²³

On the authority of Imran bin Hussain who said, “Allah’s apostle ﷺ said, ‘The best of my followers are those living in my generation (i.e. my contemporaries) and then those who will

¹²²Surah Al-Imran 3 : 110

¹²³Surah At-Taubah 9 : 100

*follow them and then those who will follow them,"*¹²⁴

The above mentioned evidence from Qur'an and Sunnah means that these noble companions of the Holy Prophet ﷺ were the best of men, even better than the generations that lived long before the Holy Prophet Muhammad ﷺ. Hence they were the best in 'Aqeedah (beliefs) and Taqwa (piety). Therefore we always have to refer to them in order to learn and practice our Deen properly. They are our role models. We will now see what was their attitude towards natural instincts.

One of the most dominant and over powering natural instinct in us is to love life and fear death. This instinct is dominant to the extent where the Shaitaan has been successful in using it today to make us turn our backs on Jihad.

This strategy of the Shaitaan was unsuccessful against the Sahaaba. Even though they too had this instinct of loving life and fearing death, it did not cause them to turn their backs on Jihad but instead they all fought with zeal and enthusiasm for Islam, until hundreds and thousands of them were killed on the battlefields for the sake of Allah. One of the most splendid examples to illustrate the bravery of the Sahaaba was the great battle of Badr. In this battle they were out numbered three to one. The believers were only three hundred and thirteen while the kafirs were one thousand strong. Not only were they out-numbered but they were also ill-equipped. In spite of all these odds they never wavered in their confrontation of Qur'aish who were a formidable foe.

Prior to the commencing of the battle the Holy Prophet ﷺ consulted his companions and Miqdad Ibn Amr had this to say:

"O Messenger of Allah command us with what Allah has ordained because you have our full support wholeheartedly. By Allah we will never say to you what Bani Israel said to Musa (i.e. you and your lord go and fight while we sit and relax here). But

¹²⁴Sahih Al-Bukhari (Arabic/English) Vol.5 P.2, No.2

*instead we say to you; you and your Lord go and fight and we shall be with you fighting for the cause of Allah. For by the one who has sent you with the truth if you march towards the highest of mountains we shall march with you until we all reach it*¹²⁵

Also they did not get lead astray by the Shaitaan with their natural instinct to love wealth and fear poverty but instead they stood up for the truth and underwent persecutions, sanctions and embargoes for three years to the extent where they had to eat the leaves of the trees to survive. They had to boil and eat the leather from their shoes to quell the pangs of hunger. After they migrated to Madina and established the Islamic State, they conquered huge empires like Constantinople and Persia. Upon conquering these places they had wealth in abundance. They never dreamt of such wealth in large quantities. Even after having this wealth it never diverted them from the Deen but instead they used it to spread the Deen.

The Shaitaan failed miserably in his various and numerous attempts to use natural instincts to mislead these noble companions of the Holy Prophet Muhammad ﷺ. They defied the dominance of these instincts by sacrificing their time, health, wealth and lives on the battlefield for the spread of Allah's Deen.

¹²⁵Seerah An-Nabawiyya Ibn Hisham Vol. 1 p.614; Musnad Ahmad Vol. 1 p. 390

THE CONCLUSION

Whoever examines the world in which we are living today will safely conclude that it is in a turmoil. Apparently the situation is getting from bad to worse as each day passes by. The world is saturated with greed, lust, oppression, hunger, man-made famines, diseases and wars.

The reason for this appalling state of affairs is because man is rebellious to the Deen of Allah Ta'ala, "al-Islam".

This rebelliousness of his, has consequently caused him to be totally unable to control his natural instincts and thus he has turned the world into the devil's playground. On commenting on this Allah Ta'ala said,

ظَهَرَ الْفَسَادُ فِي الْأَرْضِ وَالْبَحْرِ بِمَا كَسَبَتِ الْأَيْدِيُّ النَّاسِ لِيُذْهِقُهُمْ بَعْضُ
 الَّذِي عَمِلُوا لَعَلَّهُمْ يَرْجِعُونَ
 (١١)

"Corruption has become wide spread on land and sea because of what the hands of men have earned (by oppression and evil deeds etc.) that Allah may make them taste a part of that which they have done in order that they may return (by repenting to Allah and begging His pardon)"¹²⁶

In the above Ayah, Allah has commanded man to turn to him in repentance upon witnessing the fasaad (corruption) which has become widespread on land and in the sea as a result of his evil handy-works. Therefore the miserable and pathetic situation which man is presently in, will never cease until man changes himself and become good. Hence Allah said,

إِنَّ اللَّهَ لَا يُغَيِّرُ مَا بِقَوْمٍ حَتَّىٰ يُغَيِّرُوا مَا بِأَنفُسِهِمْ

"Verily Allah will never change the condition of a people

¹²⁶Surah Ar-Rome 30 : 41

until they change what is in themselves”¹²⁷

Our success in this life and in the hereafter depends on our ability to control our natural instincts. The Sahaaba understood this concept perfectly well and this is why they were transformed from being the worst of men to become the best of men.

The believers in Allah, His angels, His book Al-Qur'an, His messengers, His judgement and destiny are classified by Allah as the balance nation, i.e. the nation which is supposed to set an example for mankind to follow and lead them to the path of righteousness and salvation. By doing so we have truly fulfilled our role as Allah's Khaleefah on earth.

Our only hope of carrying out this task effectively is to return to Islam, and to practice it the way our role models understood and implemented it. These divine role models are the Holy Prophet Muhammad ﷺ, his family, his noble companions and those who followed them. May Allah bless them all until the last day.

**Sheikh Faisal,
London.**

¹²⁷Surah Ar-Ra'd 13 : 11

GLOSSARY

- Abdullah -** Literally - 'A Slave of Allah', the title of a Muslim, as well as a popular name.
- Abu Jahl -** He was a member of the Qur'aish, and a staunch opponent of Prophet Muhammad (SAW) and his Message.
- Ahl-Al-Kitaab -** Literally - 'The People of The Book', a title given to the Jews and Christians, who received previous revelations of Allah through their Prophets.
- Al-Akbar -** Literally - 'The Greatest', this is an attribute of Allah (SWT)
- Al-Aleem -** The All-Knowing, an attribute of Allah
- Allah -** The name in Arabic of The One True God, Lord of The Worlds.
- Aqeedah -** The Creed of a Muslim. The Principles and details of belief.
- Asabiyah -** Tribalism / Nationalism.
- Ayah -** A Sign. A verse from the Holy Qur'an.
- Ayat -** The Plural of Ayah.
- Banu Mustaliq -** A Famous Arab Tribe
- Dajjal -** The Anti-Christ prophesised in The Sunnah, who will appear before the Day of Judgement.
- Daiyouth -** A Man who has no jealousy over his wife.
- Deen -** A Way of Life. Islam is a Deen, because it incorporates both spiritual and material instructions for life.